



PO Box 27
BUNDABERG QLD 4670

“MAKING TRACKS WITH US”

BUNDABERG BUSHWALKING CLUB'S NEWSLETTER



info@bundabergbushwalkers.com
www.facebook.com/BundabergBushwalkingClub
www.bundabergbushwalkers.com

DECEMBER, 2016

2016/2017 CLUB EXECUTIVES

President	Shane Doyle	(0431 001 089)
Vice Presidents	Allison & Darryl	(4155 2875) (4152 8882)
Secretary	Joy	(4152 7281)
Treasurer	Barry	(4151 2438)
Newsletter Editor	Jill	(0404 695 644) (4151 2975)
Newsletter Distribution	Pauline & Verlie	(0438 186 559) (4152 8885)
Walk Co-ordinators	Eion, Heinz	(4153 5653) (0408 892 745)
	Peter, Richard	(4155 6697) (0429 888 552)
	Darryl, Brian	(4152 8882) (0419 568 479)
Facebook	Allison & Mary	(4155 2875) (0414 190 566)

CURRENT FEES: (due July 1 each year)

- (1) Membership fees – \$20 per adult
\$10 if under 18 (for one or more children from the same family)
- (2) Walk fees – \$2.00 per adult member and children 5 to 18 years of age
\$4.00 per visitor
-

GENERAL:

Visitors attending a walk are temporary members for the walk, upon signing the acknowledgement of risk and obligations until the walk outing is completed. A minimum of one walk must be completed before application for membership of the Bundaberg Bushwalking Club will be accepted. Membership application is mandatory after participation in the second walk.

All persons take part in outings on the understanding that they do so entirely at their own risk. They agree that the responsibility, which they take for their own safety, is the same that they would apply if they were on their own organised outing.

Those intending to participate on outings are asked to contact the nominated walk leader prior to the walk. This particularly applies to newcomers to club outings. Comfortable walking shoes/boots and suitable clothing should be worn on all club outings. A suitable day pack should also be carried (see inside for suggested packs)

On day walks, car loads are generally arranged at the nominated departure point with passengers contributing to petrol costs etc. Suggested basic contributions for passengers are:-

**10-20kms \$5/person, 20-50kms \$8/person, 50-100kms \$10/person
100-200kms \$15/person, 200-250kms \$20/person, 250-300kms \$25/person**

Member Handbook. This reference handbook has been compiled by the club to provide essential information regarding club guidelines, member responsibilities, etc. All club members both new and established are required to have a copy of this booklet. Anyone requiring a booklet please contact any one of the Club Executive.

Newsletters are available from the following outlets:

1. Bundaberg Disposals and Outdoors
2. B.C.F.
3. Midcity Markets Disposals (51 Bourbong Street)
4. Bundaberg Regional Council Library
5. Ray's Outdoors
6. Gin Gin Regional Library

It would be appreciated if any contributions to the newsletter (and they are always welcome) could be received by the editor several days before the meeting.

Email address for newsletter items is: jill@miljil.com

The club email address is info@bundabergbushwalkers.com

Contact Code A few reminders for all walkers

- Please contact walk leaders **a least one week before a walk**. If you leave it till Thursday or Friday night you may be disappointed to find that the walk has been cancelled, due to apparent lack of interest. Also dates, details etc can & do change. Leaders give their time to organise walks and need to know if they are committed to lead a walk.
 - Arrive at the meeting point 10 minutes before the set time. Our times are departure times and we try to be punctual. Late walkers can be left behind!
 - Read the walk description and note the rating. If you are unsure of your abilities, please discuss this with the leader before nominating. Neither you nor other walkers will have a good day if your fitness is not of a suitable standard.
 - Do you have a health problem that may affect your performance on a walk? It is important that you inform the leader of this and discuss the matter.
 - If you have commitments after a walk please discuss this with the leader before commencing a walk. Leaders cannot guarantee the time of return, due to weather, terrain & the expertise of walkers
- Many thanks to Gladstone Clubs Newsletter editor for the basis of this information.

Walk Fees: Walk fees are \$2 per adult member and children 5 to 18 years of age. Visitors pay \$4 per adult. The walk fees will continue to be reviewed quarterly.

➤ **Name Badges:** Contact Barry (41512438) for yours.

➤ **Membership Cards:** All financial members must have their card and be able to produce it at the start of each walk on request.

A Reminder

Membership fees due 1 July each year – Please do not send cash through the mail

President's Ponderings

Greetings Fellow Bush Walkers

Well here we are at the end of 2016. It has been a very good year for the club, save the loss of Fred Dredge, someone we will miss dearly, especially so at this time of the year. Verlie our thoughts are with you.

I would very much like to thank Everyone involved with supporting the club particularly those who hold office of some kind, you are the backbone of our club. Everyone's effort has been sterling. We will soon look forward to another year and I hope to put in place an effort to increase our membership numbers & perhaps our scope of activities as well. Before we get started on the new year could everyone (Please) scrutinize the technical parts of our newsletter to ensure you have all the necessary & minimum items/equipment for/in your backpack, I must insist on this, primarily for safety reasons of course, & also remembering our motto "Always Prepared" you will be doing yourself (& perhaps someone else) a very big favour indeed! Many Thanks for this. I very much look forward to seeing everyone at our Christmas Party at the Spotted Dog. My phone is always open, please do not hesitate to drop me a line for any reason. I shall wish everyone a Very Merry Christmas & a Very Safe & Happy New Year..... Shane Doyle.

Bundaberg Bushwalking Club Facebook

If you're on Facebook then check out the Club's Facebook page and please 'Like' us. There will be regular posts and photos of club walks and outings.

www.facebook.com/BundabergBushwalkingClub

Bushwalking Queensland – Facebook and Twitter

www.facebook.com/groups/bushwalkingqueensland/

They are also on Twitter with the handle being [@BushwalkingQld](https://twitter.com/BushwalkingQld).

WALK REPORTS:

November 27,2016 - Riverview

Greetings

A group of exactly one dozen keen members met at TSS on a lovely sunny day & headed off to Riverview for our walk & social. Upon arriving at the sight we settled down at our usual vacant table for morning tea which we all enjoyed. We then headed off for our walk. Shortly after starting I picked up an 'as new' silver kitchen knife on the track, many jokes were made re it may have been a murder weapon & of course my fingerprints were now all over it, ho hum. Stepping off the embankment at the end of the walking track we promptly met a flotilla of hungry mosquitoes , not very nice at all. Upon finishing the walk we then settled down to our again vacant table to enjoy our BBQ lunch followed by an hour or so of hearty conversation. As the activity came to a close, Barry, Joy, Elaine & myself headed off to Elliot Heads for a coffee before heading off home. Thank you to the members who participated in the day.

Shane.

The Mount Walsh (Direct) 4th December 2016

Early 6.00am departure from the Brothers Car Park. A nice cool morning with a promising outlook. With myself, Verlie, Ian and a new member Jacque on route to our Mt Walsh ascent. Journey down to Biggenden was quiet with very little traffic. Seeing only a total of three cars during the drive down to the Mt Walsh car park, arriving just after 7.00am. Surprisingly there were a number of people already there camping in the parking/camping area. After a quick cup of coffee in the cool morning air we started our climb/walk. As we started out two other walkers were just ahead of our party. The climb itself was steady with Verlie setting a blistering pace up to the rock wall. Negotiating the wall was understandably slower and we gained access via a narrow moderately steep rock gully with quantities of loose scree situated along the sides. After exiting this section it levelled off a little before the shorter fairly steep rock gully at the top section of the wall. More shade here with a welcome cool breeze. Finally zigzagging our way through boulders and bush to the summit where we had a good view of the surrounding countryside, photographing the scenery, each other and anything else that moved. The ascent took just over two hours. We met up with three other walkers and briefly passed the day with them, before finally sitting down to an extended morning tea break. As expected the descent was a lot easier, using our "derriere's" to greatly assist us in negotiating the gullies and the larger smoother boulders. Arriving back in the car park about noon famished and ready for lunch. A good walk which we all enjoyed. After lunch it was unanimously decided to visit the local pub to congratulate them on having such a nice mountain that we could come and climb. But, we couldn't find anyone in the pub that had actually done it.

Graham

FUTURE WALKS AND OUTINGS

OUR INSURANCE COVER REQUIRES THAT WALKERS MUST BE FINANCIAL MEMBERS OF THE CLUB. FINANCIAL MEMBERS MUST SHOW THEIR MEMBERSHIP CARD AT THE START OF EACH WALK / OUTING

December 10, 2016 – Christmas Lunch

Christmas lunch will be at the Spotted Dog Tavern, 217 Bourbong Street. 11.30am for 12.00pm lunch. RSVP by Saturday, 26 November to Shane 0431 001 089. Remember to bring your photos along for the photo competition judging.

For those interested in the Southern Highlands trip in April next year, Richard Gear will be holding a meeting to discuss this trip, at his home, following the dinner – say about 3.00pm. Ring Richard 0429 888 552 for more information.

January 21, 2017 – Planning day for 2017

Come along and help plan the walks program for the start of 2017. Meet at the Rotunda, western end of Alexandra Park, Quay Street (opposite the croquet club) at 10.00am. This is an important meeting so come along with your suggestions for outings that you would like to see on the calendar. Bring morning tea and a chair. Contact Shane 0431 001 089.

February 7, 2017 – Monthly Meeting

Meet at Bundaberg State High School F Block (beside the Administration Building) at 7.00am. Park on Maryborough Street and enter through the gate beside the Administration Building.

April 1, 2017 – Southern Highlands trip, NSW

The camping and sight-seeing trip to the Southern Highlands in 2017 will commence on April 1. We will stay at mostly free camps with maybe a caravan park or two on the way down. We will visit the Standing Stones at Glen Innes, the Burning Mountain near Scone, stay for a couple of nights at The Drips, a beautiful sandstone area north of Mudgee, spend a couple of nights at Wombeyan Caves to tour the caves and an old marble quarry before moving on to the Moss Vale area where we will base ourselves for eight days. This area, settled around 1860, is absolutely full of historic little settlements with expensive homes surrounded by deciduous trees and beautiful gardens. Morton National Park hosts numerous walking tracks and waterfalls and there are many lookouts from which to enjoy breathtaking views to sheer escarpments and deep valleys, similar to the Blue Mountains but without the crowds. The National Park campground that I was planning on staying at costs \$14 per site per night and \$20 at peak times such as Easter and school holidays.

If we can get access, a day trip to the abandoned shale-oil town of Joadja is definitely worth a visit. We will also spend time at Elysion Alpacas, the farm Dianne and I have been care-taking on, where we will get to feed and pat these gorgeous animals. With the coast only about 60 kms away, day trips down the escarpment to drive and walk the Seacliff Bridge, visit the Blowholes at Kiama and see some of the spectacular rocky headlands and sandy beaches that abound along the coast is a great option. Throw in browsing through interesting second-hand and antique shops and museums, then pop into one of many coffee shops and eateries that abound and every activity is just about covered. Oh, don't forget your camera! Participants can head off home at any time, or extend their trip to wherever, it's your choice.

Contact Richard on 0429 888 552 before 3 December if you are interested.

FOR YOUR INFORMATION

Annual Photo Competition Rules

Photos must be taken during the current year and on club walks or outings.

Categories: Landscape, Wildlife, Macro and People (one or more persons) along with a photo of any subject featuring the colour 'yellow'.

An additional category of Free Choice has been included this year. This may be a photo of any subject taken in any year.

One 6 x 4 photo per person per category. \$10 Bunnings gift vouchers as prizes.

Fraser Island Defenders Organisation (FIDO)

FIDO has been conducting week-long working bees to tackle the urban weeds of Fraser Island for more than a decade. Volunteering has progressively grown with each new event offered with many volunteers returning. FIDO provides the transport, catering and accommodation in comfortable shared houses as well as tours of World Heritage Fraser Island. Volunteers are asked to contribute 20 hours of on-the-ground work in return. For full details of the working bees available and to register your interest visit www.fido.org.au.

Membership Fees

When paying membership fees, please do not send cash through the mail. If you wish you may pay your fees by direct debit to the Club's account which is BSB 064-403 Account No. 00915879 and quote your surname as the 'reference'. You may also pay your fees to the walk leader at your first available walk. A receipt and membership card will be mailed to you by the Treasurer.

Walk Recci Costs

Just a reminder to anyone carrying out recce's for walks. Funds are available to cover expenses (fuel etc.). Just submit a claim (mileage travelled) to the treasurer.

First Aid

In an attempt to encourage more members to become First Aid proficient, the Club will pay a 50% fee subsidy to those members who attend and complete a recognised First Aid or CPR course.

The subsidy will be paid on presentation to the Treasurer of the receipt for such course.

Walk Gradings

Max Kilometres per day	Terrain	Fitness
S. up to 10 kilometres	1. Graded track	a. Unfit beginners
M. 10-15 kilometres	2. Tracks, steeper sections, open terrain	b. Fit beginners
L. 15-20 kilometres	3. Off track, minor scrub, creek/rock hopping, minimal navigation	c. Fitness and/or agility required
X. Over 20 kilometres	4. Scrambling, thick rainforest, hard navigation 5. Technical rock ability, abseil	d. Good fitness and agility a must e. Strenuous. Experienced, very fit walkers only

Thank you to Leanne Donaldson MP, Member for Bundaberg, for the photocopying of this Newsletter.

SUGGESTED BACKPACK CONTENTS

Bushwalking activities by their nature have a potential risk. To minimise the risk you are responsible for your own backpack contents and medical needs. The Leader has the right to ensure you have the basics.

COMPULSORY

Hat	Rain jacket (or poncho)	First Aid Kit
Water (at least 2-3 Litres)	Lunch & snacks	Spare food
Torch or Headlamp	Whistle	Pencil & Paper
Toilet paper	Mirror (old CD)	
Thermals (at least a spare warm shirt or jacket)		
Compass or GPS (& learn how to use them), spare batteries		

OPTIONAL

Space blanket	Multi tool/pocket knife	Pink surveyors tape
Soft gardening gloves (good for lantana, sun protection or if cold)		

EMERGENCY

Matches in a waterproof container, small candle stub or tea light	
Emergency fly	Water purifying tablets
Roll of good quality gaffer tape	

FIRST AID IDEAS

Basics:

1 triangular bandage	Elastic bandage
2 non adhesive dressings	Gauze bandages 25mm, 50mm, 75 mm
Scissors, Tweezers, Needles	Safety pins
Crepe bandage (snake bite, sprains)	Wound dressings (bandaids, various)
Eye patch	Plastic bag
Painkilling tablets	Antiseptic cream
Insect repellent	Sunscreen
Cream for stings (eg paraderm, stingose)	
Space blanket (alternate is a large garbage bag)	
Emergency information sheet & personal medication	
First Aid Ready Reckoner book	

Other:

Gastrolyte	Anti diarrhoea tablets	Antihistamine
Lavender oil (antiseptic & soothing. Applied neat to the skin it relieves chafing, sunburn and other burns)		
Tea tree oil (antiseptic and antifungal. Apply to skin diluted. Can be mixed with lavender & water as insect repellent		
'Second Skin': Wound tape (good for blisters)		

