



PO Box 27
BUNDABERG QLD 4670

"MAKING TRACKS WITH US"

BUNDABERG BUSHWALKING CLUB'S NEWSLETTER

info@bundabergbushwalkers.com
www.facebook.com/BundabergBushwalkingClub
www.bundabergbushwalkers.com

FEBRUARY, 2017

2016/2017 Club Executives

<i>President</i>	<i>Shane Doyle</i>	<i>(0431 001 089)</i>
<i>Vice Presidents</i>	<i>Allison & Darryl</i>	<i>(4155 2875) (4152 8882)</i>
<i>Secretary</i>	<i>Joy</i>	<i>(4152 7281)</i>
<i>Treasurer</i>	<i>Barry</i>	<i>(4151 2438)</i>
<i>Newsletter Editor</i>	<i>Jill</i>	<i>(0404 695 644) (4151 2975)</i>
<i>Newsletter Distribution</i>	<i>Pauline & Verlie</i>	<i>(0438 186 559) (4152 8885)</i>
<i>Walk Co-ordinators</i>	<i>Eion, Heinz</i>	<i>(4153 5653) (0408 892 745)</i>
	<i>Peter, Richard</i>	<i>(4155 6697) (0429 888 552)</i>
	<i>Darryl, Brian</i>	<i>(4152 8882) (0419 568 479)</i>
<i>Facebook</i>	<i>Allison & Mary</i>	<i>(4155 2875) (0414 190 566)</i>

Current Fees: (due July 1 each year)

- (1) Membership fees – \$20 per adult
\$10 if under 18 (for one or more children from the same family)

- (2) Walk fees – \$2.00 per adult member and children 5 to 18 years of age
\$4.00 per visitor

General:

Visitors attending a walk are temporary members for the walk, upon signing the acknowledgement of risk and obligations until the walk outing is completed. A minimum of one walk must be completed before application for membership of the Bundaberg Bushwalking Club will be accepted. Membership application is mandatory after participation in the second walk.

All persons take part in outings on the understanding that they do so entirely at their own risk. They agree that the responsibility, which they take for their own safety, is the same that they would apply if they were on their own organised outing.

Those intending to participate on outings are asked to contact the nominated walk leader prior to the walk. This particularly applies to newcomers to club outings. Comfortable walking shoes/boots and suitable clothing should be worn on all club outings. A suitable day pack should also be carried (see inside for suggested packs)

On day walks, car loads are generally arranged at the nominated departure point with passengers contributing to petrol costs etc. Suggested basic contributions for passengers are:-

**10-20kms \$5/person, 20-50kms \$8/person, 50-100kms \$10/person
100-200kms \$15/person, 200-250kms \$20/person, 250-300kms \$25/person**

Member Handbook. This reference handbook has been compiled by the club to provide essential information regarding club guidelines, member responsibilities, etc. All club members both new and established are required to have a copy of this booklet. Anyone requiring a booklet please contact any one of the Club Executive.

Newsletters are available from the following outlets:

1. Bundaberg Disposals and Outdoors
2. B.C.F.
3. Midcity Markets Disposals (51 Bourbong Street)
4. Bundaberg Regional Council Library
5. Ray's Outdoors
6. Gin Gin Regional Library

It would be appreciated if any contributions to the newsletter (and they are always welcome) could be received by the editor several days before the meeting.

Email address for newsletter items is: jill@miljil.com

The club email address is info@bundabergbushwalkers.com

Contact Code A few reminders for all walkers

- Please contact walk leaders **a least one week before a walk**. If you leave it till Thursday or Friday night you may be disappointed to find that the walk has been cancelled, due to apparent lack of interest. Also dates, details etc can & do change. Leaders give their time to organise walks and need to know if they are committed to lead a walk.
 - Arrive at the meeting point 10 minutes before the set time. Our times are departure times and we try to be punctual. Late walkers can be left behind!
 - Read the walk description and note the rating. If you are unsure of your abilities, please discuss this with the leader before nominating. Neither you nor other walkers will have a good day if your fitness is not of a suitable standard.
 - Do you have a health problem that may affect your performance on a walk? It is important that you inform the leader of this and discuss the matter.
 - If you have commitments after a walk please discuss this with the leader before commencing a walk. Leaders cannot guarantee the time of return, due to weather, terrain & the expertise of walkers
- Many thanks to Gladstone Clubs Newsletter editor for the basis of this information.

Walk Fees: Walk fees are \$2 per adult member and children 5 to 18 years of age. Visitors pay \$4 per adult. The walk fees will continue to be reviewed quarterly.

- **Name Badges:** These are available at \$4.00 each. Contact Barry (41512438) for yours.
- **Membership Cards:** All financial members must have their card and be able to produce it at the start of each walk on request.

A Reminder

Membership fees due 1 July each year – Please do not send cash through the mail

President's Ponderings

Greetings Fellow Bushwalkers.

I hope everyone had a safe and happy Christmas and New Year. We now welcome in 2017 and the beginning of a new year for our club also. It was good to see many familiar faces at our first meeting for the year, thank you to those who attended. We welcomed two new potential members, Yvette and Phil, we hope to see you both again soon.

I had available a number of free information packs relating to Storm Season Preparedness/Emergency/Evacuation/Kits etc as our club motto is "Always Prepared ". If you were unable to attend the meeting and would like one (or more) of these free packs, please drop me a line. I also had printed some small flyers to advertise and promote our club included in these packs. I would very much like the club to consider paying for a quantity of these booklets (50 flyers per book) to be printed and made available to the outlets where we have our club newsletters delivered and for members who would like some to pass on to anyone they may desire to do so, again, to advertise and promote our great club.

The club is still missing two radios (walkie talkies). If you have these in your possession and would like to return them confidentially, this would be very much appreciated. You may contact me directly, and in the strictest of confidence to return them, thank you for this.

I am grateful we are now on the tail end of summer and heading towards the cooler part of the year. Thank you to everyone for your efforts and participation in our club and I look forward to catching up with you again soon.

Please Note: Due to the club trip to the Southern Highlands departing on 1 April, our April meeting has been brought forward one week to Tuesday, 28 March.

Regards,
Shane

Bundaberg Bushwalking Club Facebook

If you're on Facebook then check out the Club's Facebook page and please 'Like' us. There will be regular posts and photos of club walks and outings.

www.facebook.com/BundabergBushwalkingClub

Bushwalking Queensland – Facebook and Twitter

www.facebook.com/groups/bushwalkingqueensland/

They are also on Twitter with the handle being [@BushwalkingQld](https://twitter.com/BushwalkingQld).

WALK REPORTS:

December 10, 2016 – Christmas Lunch

A great day was had by all at our 2016 Christmas party at The Spotted Dog. The day got off to a very wet start indeed as it poured cats and dogs (no pun intended) on the morning of our function. We had the party to ourselves in the privacy of the Cane Fire Room with a table set up for our annual photo competition which went especially well, many thanks to Barry for organizing this on the day. Congratulations to Pauline for winning in three categories, well done Pauline!

Staff member Paddy looked after us on the day and did a great job! Everyone was happy with the food, the atmosphere and the service. A thank you Christmas card was sent to The Spotted Dog in the

week following the function with a complimentary copy of our December Club Newsletter. My sincere thanks to all the attendees for making the day a great success, well done folks! - *Shane*

January 21, 2017 – Planning day for 2017

The heat did not deter 20 people meeting at the Rotunda at Alexandra Park. With morning tea and walk plans in mind, they were ready to help plan some walks for the start of the New Year. Many thanks to Darryl who led the way with input from walk leaders and non-leaders suggesting ideas on camping, kayak days, abseiling lessons and easy and hard walks added to the long list for the first half of the year. It looks like an interesting walk year ahead for our Club. The walks will be on the website and in newsletters each month as they are locked in after each meeting. If any member feels they could lead a walk or know of a walk they would like the Club to participate in, please come to our meeting so it can be included in our walk plans for the year. Thank you everybody for coming to the meeting, it looks to be a good start for the year. – *Joy*

FUTURE WALKS AND OUTINGS

OUR INSURANCE COVER REQUIRES THAT WALKERS MUST BE FINANCIAL MEMBERS OF THE CLUB. FINANCIAL MEMBERS MUST SHOW THEIR MEMBERSHIP CARD AT THE START OF EACH WALK / OUTING

PLEASE STUDY THE BACKPACK REQUIREMENTS BEFORE PARTICIPATING IN A WALK

February 12, 2017 – Moore Park Beach – Easy S1a

As the weather will still be warm, this first outing will be a moonlight beach walk. Low tide will be at 4.00pm and the full moon on February 11. A BYO barbecue tea will be followed by a stroll along the beach and foreshore. Bring a torch. BBQ's will be available at the site.

Leave from North State School at 5.00pm. Contact Verlie (4152 8885) to register.

February 26, 2017 – Norval Park, Yandaran – Easy S1a

This outing will also be along a beach front. There will be no separate hard walk but a long and short variation of the same to select from. Camping is also available at this site for those who wish to have a weekend away. Kayaking at Smiths Crossing on the way home will also be an option. Low tide will be in the middle of the day so bring a fishing rod.

Requirements - 2 litres of water, food, hat, sunscreen and a personal first aid kit.

Leave from North State School at 8.00am. Contact Mary (0414 190 566) to register.

March 7, 2017 – Monthly Meeting

Meet at Bundaberg State High School F Block (beside the Administration Building) at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

March 12, 2017 – Boolbunda Rock - Hard S3d/e

In order to make a 7.00am start on the rock climb, it is proposed to camp Saturday night at nearby Wolca Reserve. Anyone intending to do a day trip only would need to depart Bundaberg at approx. 6.00am to rendezvous with the campers at Wolca Reserve.

Requirements – at least 3 litres water, sufficient food, hat, sunscreen and a personal first aid kit.

Contact Darryl (4152 8882) to register and for more information.

March 12, 2017 – Sunday Creek, Boolbunda Rock – Easy S2b

This walk will be in the vicinity of Boolbunda Rock (some off track).
Requirements – 2 litres water, food, hat, sunscreen and a personal first aid kit.
Leave from North State School at 7.30am. Contact Barry (4151 2438) to register.

March 26, 2017 – Monduran Dam - Kayaking

This will be a kayak outing on the dam with an overnight camp on an island. More details to follow.

March 26, 2017 – Monduran Dam – Easy S1b

This easy walk is in the vicinity of the dam on formed tracks with some ups and downs.
Requirements – 2 litres of water, food, hat, sunscreen and a personal first aid kit.
Leave from North State School at 7.30am. Contact Jill (4151 2975) to register.

March 28, 2017 – Monthly Meeting – Date change from April 4 due to NSW trip

Meet at Bundaberg State High School F Block (beside the Administration Building) at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

April 1, 2017 – Southern Highlands trip, NSW

This camping and sight-seeing trip to the Southern Highlands of NSW will commence on April 1. We will be staying at mostly free camps with maybe a caravan park or two on the way down. It is proposed to visit the Standing Stones at Glen Innes, stay for a couple of nights at The Drips (a beautiful sandstone area north of Mudgee), spend a couple of nights at Wombeyan Caves to tour the caves and an old marble quarry before moving on to the Moss Vale area where we will base ourselves for eight days camping at an alpaca farm. Bring a bag for firewood.
A meeting to discuss final arrangements will be held at Richard's home at 3.00pm Saturday, 25 February. This is a social afternoon open to all club members. Bring something to share for afternoon tea and a chair. Contact Richard (0429 888 552) for more information.

April 9, 2017 – Sheepstation Creek, Watalgan – Medium S3d

This will be an off track walk. Requirements – 3 litres water, food, hat, sunscreen and a personal first aid kit. Leave from North State School at 7.00am. Contact Ian (0488 588 917) to register.

April 9, 2017 – Easy walk – TBA

April 14 – 17, 2017 - Easter Camping at Gaeta Reserve

Spend Easter camping at Gaeta Reserve in the vicinity of Bania National Park. The reserve has toilets, tables and a covered shelter shed with power. There are no showers and you must bring your own drinking water. Cost is \$5.00 per person/per night donated to the Gaeta Rural Fire Brigade.
Walks to Camp Creek, Bania National Park and the Mt Perry area can be made from the reserve.
Contact Darryl (4152 8882) for more information.

April 23, 2017 – Mt. Walsh, Mt Walsh National Park – Hard S3d

This hard walk will leave from the Brothers Club car park at 7.00am.
Requirements – at least 3 litres of water, food, hat, sunscreen and a personal first aid kit.
Contact Ian (0488 588 917) to register. As this happens to be Ian's birthday, maybe there will be champagne at the top??

April 23, 2017 – Easy walk TBA

April 29 – May 1, 2017 – Combined Camp at Miriam Vale

This year's combined camp will be hosted by the Gladstone District Bushwalkers and held at Miriam Vale. Camping at Magpies Football Grounds, Larson Street, Miriam Vale will be from Friday afternoon to Monday morning and is open to financial members of affiliated bushwalking clubs.

Cost: *cheap!* less than the price of a carton of beer, even when you include the optional Sunday night dinner.

Registration: payable by bank transfer, cheque or money order. Enquiries: Mark 49737119

May 2, 2017 – Monthly Meeting

Meet at Bundaberg State High School F Block (beside the Administration Building) at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

May 14, 2017 – Wongi State Forest (Kullogum Section) - Easy S2b

This walk can be used for navigational practice – either with GPS or compass and map. The club has an ample supply of both GPS and compasses for those who do not own their own.

Requirements – 2 litres of water, food, hat, sunscreen and a personal first aid kit.

Leave from the Brothers Club car park at 8.00am. Contact Barry (4151 2438) to register.

May 28, 2017 – Coongarra Rock to the waterfall – Medium S3d

This walk will involve a car shuffle. The walk will be from Coongarra Rock, down Smith Creek and then up Coongarra Creek to the waterfall. Leave from Brothers Club car park at 7.00am.

Contact Richard (0429 888 552) to register.

June 1 – June 4, 2017 – Camping at Kalpower (Bundaberg Show Weekend)

Contact Chris (0429 809 282) for more details.

June 6, 2017 – Monthly Meeting

Meet at Bundaberg State High School F Block (beside the Administration Building) at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

June 11, 2017 – Cassillus Creek, (near Granite Creek Rest Area)

Contact Richard (0429 888 552) for more details.

June 24/25 , 2017 – Eurimbula National Park, Agnes Water

Contact Barry (4151 2438) for more details.

FOR YOUR INFORMATION

2017 Annual Photo Competition Rules

Photos must be taken during the current year and on club walks or outings.

Categories: Landscape, Wildlife, Macro and People (one or more persons) along with a photo of any subject featuring the colour '*black*'.

An additional category of Free Choice has been included this year. This may be a photo of any subject taken in any year.

One 6 x 4 photo per person per category. \$10 Bunnings gift vouchers as prizes.

Membership Fees

When paying membership fees, please do not send cash through the mail. If you wish you may pay your fees by direct debit to the Club's account which is BSB 064-403 Account No. 00915879 and quote your surname as the 'reference'. You may also pay your fees to the walk leader at your first available walk. A receipt and membership card will be mailed to you by the Treasurer.

Walk Recci Costs

Just a reminder to anyone carrying out recce's for walks. Funds are available to cover expenses (fuel etc.). Just submit a claim (mileage travelled) to the treasurer.

First Aid

In an attempt to encourage more members to become First Aid proficient, the Club will pay a 50% fee subsidy to those members who attend and complete a recognised First Aid or CPR course.

The subsidy will be paid on presentation to the Treasurer of the receipt for such course.

Walk Gradings

Max Kilometres per day	Terrain	Fitness
S. up to 10 kilometres	1. Graded track	a. Unfit beginners
M. 10-15 kilometres	2. Tracks, steeper sections, open terrain	b. Fit beginners
L. 15-20 kilometres	3. Off track, minor scrub, creek/rock hopping, minimal navigation	c. Fitness and/or agility required
X. Over 20 kilometres	4. Scrambling, thick rainforest, hard navigation 5. Technical rock ability, abseil	d. Good fitness and agility a must e. Strenuous. Experienced, very fit walkers only

Thank you to Leanne Donaldson MP, Member for Bundaberg, for the photocopying of this Newsletter.

SUGGESTED BACKPACK CONTENTS

Bushwalking activities by their nature have a potential risk. To minimise the risk you are responsible for your own backpack contents and medical needs. The Leader has the right to ensure you have the basics.

COMPULSORY

Hat	Rain jacket (or poncho)	First Aid Kit
Water (at least 2-3 Litres)	Lunch & snacks	Spare food
Torch or Headlamp	Whistle	Pencil & Paper
Toilet paper	Mirror (old CD)	
Thermals (at least a spare warm shirt or jacket)		
Compass or GPS (& learn how to use them), spare batteries		

OPTIONAL

Space blanket	Multi tool/pocket knife	Pink surveyors tape
Soft gardening gloves (good for lantana, sun protection or if cold)		

EMERGENCY

Matches in a waterproof container, small candle stub or tea light
Emergency fly Water purifying tablets
Roll of good quality gaffer tape

FIRST AID IDEAS

Basics:

1 triangular bandage	Elastic bandage
2 non adhesive dressings	Gauze bandages 25mm, 50mm, 75 mm
Scissors, Tweezers, Needles	Safety pins
Crepe bandage (snake bite, sprains)	Wound dressings (bandaids, various)
Eye patch	Plastic bag
Painkilling tablets	Antiseptic cream
Insect repellent	Sunscreen
Cream for stings (eg paraderm, stingose)	
Space blanket (alternate is a large garbage bag)	
Emergency information sheet & personal medication	
First Aid Ready Reckoner book	

Other:

Gastrolyte	Anti diarrhoea tablets	Antihistamine
Lavender oil (antiseptic & soothing. Applied neat to the skin it relieves chafing, sunburn and other burns)		
Tea tree oil (antiseptic and antifungal. Apply to skin diluted. Can be mixed with lavender & water as insect repellent		
'Second Skin': Wound tape (good for blisters)		

