



PO Box 27  
BUNDABERG QLD 4670

## "MAKING TRACKS WITH US"

# BUNDABERG BUSHWALKING CLUB'S NEWSLETTER

[www.bundabergbushwalkers.com](http://www.bundabergbushwalkers.com)  
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*JULY, 2016*

### **2015/2016 Club Executives**

<i>President</i>	<i>Allison</i>	<i>(4155 2875)</i>
<i>Vice Presidents</i>	<i>Lucinda &amp; Shane</i>	<i>(0421 011 181) (0431 001 089)</i>
<i>Minutes Secretary</i>	<i>Joy</i>	<i>(4152 7281)</i>
<i>Assistant Secretary</i>	<i>Barry</i>	<i>(4151 2438)</i>
<i>Treasurer</i>	<i>Barry</i>	<i>(4151 2438)</i>
<i>Newsletter Editor</i>	<i>Jill</i>	<i>(0404 695 644)</i>
<i>Newsletter Distribution</i>	<i>Pauline &amp; Verlie</i>	<i>(0438 186 559) (4152 8885)</i>
<i>Walk Co-ordinators</i>	<i>Eion, Heinz</i>	<i>(4153 5653) (0408 892 745)</i>
	<i>Peter, Richard</i>	<i>(4155 6697) (0429 888 552)</i>
	<i>Ian</i>	<i>(0488 588 917)</i>
<i>Social Events</i>	<i>Chris</i>	<i>(0407 593 565)</i>
<i>Facebook</i>	<i>Allison</i>	<i>(4155 2875)</i>

### **Current Fees:** (due July 1 each year)

- (1) Membership fees – \$20 per adult  
\$10 if under 18 (for one or more children from the same family)
  
  - (2) Walk fees – \$2.00 per adult member and children 5 to 18 years of age  
\$4.00 per visitor
- .....

### **General:**

*Visitors attending a walk are temporary members for the walk, upon signing the acknowledgement of risk and obligations until the walk outing is completed. A minimum of one walk must be completed before application for membership of the Bundaberg Bushwalking Club will be accepted. Membership application is mandatory after participation in the second walk.*

All persons take part in outings on the understanding that they do so entirely at their own risk. They agree that the responsibility, which they take for their own safety, is the same that they would apply if they were on their own organised outing.

Those intending to participate on outings are asked to contact the nominated walk leader prior to the walk. This particularly applies to newcomers to club outings. Comfortable walking shoes/boots and suitable clothing should be worn on all club outings. A suitable day pack should also be carried (see inside for suggested packs)

On day walks, car loads are generally arranged at the nominated departure point with passengers contributing to petrol costs etc. Suggested basic contributions for passengers are:-

**10-20kms \$5/person, 20-50kms \$8/person, 50-100kms \$10/person  
100-200kms \$15/person, 200-250kms \$20/person, 250-300kms \$25/person**

*Member Information Booklet (Blue Book). This reference handbook has been compiled by the club to provide essential information regarding club guidelines, member responsibilities, etc. All club members both new and established are required to have a copy of this booklet. Anyone requiring a booklet please contact any one of the Club Executive.*

### **Newsletters are available from the following outlets:**

1. Bundaberg Disposals and Outdoors
2. B.C.F.
3. Midcity Markets Disposals (51 Bourbong Street)
4. Bundaberg Regional Council Library
5. Ray's Outdoors
6. Gin Gin Regional Library

**It would be appreciated if any contributions to the newsletter (and they are always welcome) could be received by the editor several days before the meeting.**

**Email address for newsletter items is: [jill@miljil.com](mailto:jill@miljil.com)**

*The club email address is [info@bundabergbushwalkers.com](mailto:info@bundabergbushwalkers.com)*

### **Contact Code    A few reminders for all walkers**

- Please contact walk leaders **a least one week before a walk**. If you leave it till Thursday or Friday night you may be disappointed to find that the walk has been cancelled, due to apparent lack of interest. Also dates, details etc can & do change. Leaders give their time to organise walks and need to know if they are committed to lead a walk.
  - Arrive at the meeting point 10 minutes before the set time. Our times are departure times and we try to be punctual. Late walkers can be left behind!
  - Read the walk description and note the rating. If you are unsure of your abilities, please discuss this with the leader before nominating. Neither you nor other walkers will have a good day if your fitness is not of a suitable standard.
  - Do you have a health problem that may affect your performance on a walk? It is important that you inform the leader of this and discuss the matter.
  - If you have commitments after a walk please discuss this with the leader before commencing a walk. Leaders cannot guarantee the time of return, due to weather, terrain & the expertise of walkers
- Many thanks to Gladstone Clubs Newsletter editor for the basis of this information.

**Walk Fees:** Walk fees are \$2 per adult member and children 5 to 18 years of age. Visitors pay \$4 per adult. The walk fees will continue to be reviewed quarterly.

- **Name Badges:** These are available at \$4.00 each. Contact Barry (41512438) for yours.
- **Membership Cards:** All financial members must have their card and be able to produce it at the start of each walk on request.

### **A Reminder**

**Membership fees due 1 July each year – Please do not send cash through the mail**

## **President's Ponderings**

Thank you for the great turn up at the meeting this month. It is good to see new and 'old' faces alike at the meetings. Meetings are the members opportunity to comment on club operations, raise concerns, discuss matters of interest and plan future walks. Some months are more varied than others. Recently a member enquired about the distribution of minutes. Minutes are presented at each meeting. Most meetings just consist of walk planning - any other topics of interest are covered off in the newsletter via the President's Ponderings or a particular article.

It is that time of year again for membership renewal. A separate email will go to members with the Renewal Form to update your records. These records are kept in accordance with the club's privacy policy. Membership fees are \$20 per adult and \$10 if under 18 for one or more children from the same family. Visitors are welcome to attend two walks before they are expected to sign up as members. The meeting agreed that the membership fees would remain the same for this year.

As planning is underway towards the end of the year, it is time to think ahead. First there is the AGM in September. Have a think about whether you are able to give other club members a break and take over the reins on the committee. Then there is the end of year breakup - this will be discussed next meeting to set a date and propose the activity. If you have an idea but can't attend the meeting, let one of the committee know. Thinking further ahead is the 2018 combined camp that the Bundaberg Club is due to host but will coincide with the Pilgrimage. The idea for 2018 is that we combine the two and Bundaberg assist with hosting the Pilgrimage at Kilkivan. A final decision will be made at the next meeting.

Walk etiquette goes a long way to making a walk an enjoyable and safe experience for all. It is very important that walk participants contact the leader prior to the walk to register their attendance and get any further information about the walk. This will assist the walker in knowing if the walk is within their capabilities and also what items are required for the walk. The walk leader will also know who is attending and any other matters that they need to be aware of. A walk leader has the option of cancelling a walk if there is insufficient interest so it is in your best interest to notify the leader of your intent. As the walker, you are responsible for your own wellbeing and safety -- this includes having sufficient water and food, appropriate clothing and supplying your own personal first aid requirements. The newsletter specifies a list of suggested backpack contents.

One last thing, a set of small radios has been misplaced. Does anyone know their whereabouts?

Enjoy the cooler weather and the excellent walking conditions. A big thank you to those who are leading walks as the club wouldn't function without you.

Regards  
*Allison*

### **Bundaberg Bushwalking Club Facebook**

If you're on Facebook then check out the Club's Facebook page and please 'Like' us. There will be regular posts and photos of club walks and outings.

[www.facebook.com/BundabergBushwalkingClub](http://www.facebook.com/BundabergBushwalkingClub)

### **Bushwalking Queensland – Facebook and Twitter**

[www.facebook.com/groups/bushwalkingqueensland/](http://www.facebook.com/groups/bushwalkingqueensland/)

They are also on Twitter with the handle being [@BushwalkingQld](https://twitter.com/BushwalkingQld).

## **WALK REPORTS:**

### **June 12, 2016 – Boolbunda Rock, Mt Perry - Hard**

The group met on a lovely warm winter morning and found our walk leader had suffered an injury and couldn't join us. After some consultation, viewing maps etc Darryl agreed to lead the way. After arriving at the cattle yards as our starting point, we had a team of 15 walkers. We followed a well worn track for the first part of the walk and reached a point where eventually after some discussion within the team a path upwards was agreed on. We followed the ridge along a fence line before starting the steeper climb to the rock. The undergrowth was quite dense in parts and a bit of clearing was required. We reached the top around 1pm where we sat for a quick bite of lunch and to soak in the views which made the walk most worthwhile. We were joined by Moira from Biggenden and her fellow walkers at the top. Our trip down took a good 2.5 hours to join up with those walkers from the easy walk who had stayed. Other than a couple of trips/falls and bruises, a great day out was enjoyed by all. - *Rae*

### **June 12, 2016 – Boolbunda Rock, Mt Perry - Easy**

The large group of people who met at North State school were sorry to hear that Richard was unable to lead the hard walkers. After sorting out the hard and easy walkers and finding another leader thanks to Darryl, we were on our way to meet another group waiting at Gin Gin. We met two more waiting at Wolca campsite and eventually completed the long journey to the cattle yards near Sunday Creek. After the usual cuppa, the hard walkers made their way down to the creek to commence their walk to Boolbunda Rock leaving eight people to walk along the creek. It was a very nice day for walking and the birds were abundant in the trees. We carefully stepped over rocks and walked through sandy patches of the creek bed. The walk was enjoyable and Murray spotted the beautiful little scarlet honey eaters in the trees. He called them up so we could have a closer look at them. We watched the inquisitive little birds darting amongst the leaves and climbing the trunks and branches of trees. Other birds around the creek were also very noisily making their presence known. We met five more people who were late arrivals making their way to the harder walkers and they quickly made their way further up the creek to catch up. We returned to the cars for lunch before leaving Barry, Shane and Elaine who waited for the harder walkers to return. Thank you Barry, it was a great day, a good walk and very good to see so many members enjoying perfect walking weather. - *Joy*

### **June 26, 2016 – Coongara Rock area, Mt Walsh National**

An early morning start meeting at 7am at the Brothers car park on a cold, clear morning. Several additional walkers joined the group at Biggenden where cars and passengers got sorted for the 4WD trip into Mt Walsh National Park. The road was dry and in pretty good condition. A small herd of deer

were sighted along the way. Our cars were parked at the clearing looking up towards Coongara rock. Fortunately there was time for a cuppa and refreshments for those who needed them. It was good to see Bev and Brian back in the fold as well as some new visitors and newer members. In all, 15 ramblers set out to follow Peter for this "mystery" walk and he kindly supplied us with a map of the proposed route. The weather by now had warmed to a beautiful sunny day, so it was a pity that the easy walk had to be called off due to lack of support. At first we followed the closed off road track for some distance, passing the turn off to Coongara rock along the way and proceeding along the creek until we reached the park boundary fence. We then retraced our route for a bit before heading up an old forestry track on the right - and up and up for quite a distance before arriving at the ridge, from which point the going became much easier. A lunch stop was called shortly after midday at a spot which afforded excellent views across the valley towards Coongara Rock and Little Coongara. A prominent cave could be seen in the rock face - apparently a good destination for abseilers. From here back to the cars was fairly easy going and took about one hour which left us plenty of time to get home well before dark, or to stop at the Biggenden pub for a bit. Many thanks to Peter for organizing and leading this walk. - *Mary*

### **July 3, 2016 – Mt Perry summit, Mt Perry**

After a steep climb up the hill paddock, we entered through a gate onto a well tagged track. This climbing walk takes us through various vegetation changes such as vine, hoop pine, ferns and mosses. The air was fresh and invigorating. After reaching the top, we enjoyed lunch and views to the south east. At 740 metres above sea level, this is one of the highest points around, with spectacular views of Paradise Dam, Mt Walsh National Park, Goodnight Scrub and also the local mine workings making an impression on the landscape. We all then happily set off down the road, back into the bush descent, stopping briefly at a view over towards the racecourse and airfield. Then out of the scrub down a long grass hill to our vehicles. Thankyou all for helping make this a special day. - *Ian*

### **FUTURE WALKS AND OUTINGS – Please note some walk dates have changed**

**OUR INSURANCE COVER REQUIRES THAT WALKERS MUST BE FINANCIAL MEMBERS OF THE CLUB. FINANCIAL MEMBERS MUST SHOW THEIR MEMBERSHIP CARD AT THE START OF EACH WALK / OUTING**

### **July 10, 2016 – Mon Repos Mystery Walk – Easy S1a**

This easy walk will be a circuit in the Mon Repos area. Meet at the northern end of Nielson Park outside the Bargara Beach Caravan Park (opposite the skate bowl) at 9.00am. Bring morning tea, lunch, water and a personal first aid kit. Contact Ian 0488 588 917.

### **July 24, 2016 – Coongara Rock, Mt Walsh National Park – Hard S3c**

This hard walk will be a circuit walk in the Coongara Rock area visiting one cave and a secret location. Bring at least 2 litres of water and a personal first aid kit. Leave from Brothers Club car park at 7.00am. Contact Peter 4155 6697.

### **July 24, 2016 – Meadowvale Nature Reserve – Easy S1a**

Spend the morning walking in the Meadowvale Nature Reserve. Bring morning tea, lunch, water, first aid kit and a chair. Leave from North State School at 8.00am. Contact Shane 0431 001 089.

### **July 30-31, 2016 – Kayaking weekend at Baffle Creek**

Saturday, 30 July - meet at Bevan Larsen Reserve (on the right approximately 1km past the Euleilah Creek Bridge) at 9.30am. We will kayak upstream on Euleilah Creek, a pristine estuarine tributary of Baffle Creek.

Sunday, 31 July – meet at Wartburg State School, Coast Road, Baffle Creek at 9.30am. Today's kayak will explore picturesque Blackwater Creek.

Camp over 1-3 nights at Baffle Creek Caravan Park, \$25 per night/double for an unpowered site. Phone 07 41566421 for bookings and further information. Bring insect repellent especially for the park. Contact Mary 0414 190 566.

### **August 2, 2016 – Monthly Meeting**

Meet at Bundaberg State High School F Block (beside the Administration Building) at 7.00am. Park on Maryborough Street and enter through the gate beside the Administration Building.

### **August 7, 2016 – Bania National Park, Mt Perry – Medium S3b**

This will be an off track circuit walk following Baywulla Creek and returning via Pinchgut Creek. Bring at least 2 litres of water and a personal first aid kit. Leave from North State School at 7.30am. Contact Richard 0429 888 552.

### **August 7, 2016 – Burnett River Ramble – Easy S1a**

This easy walk will leave from Queens Park and follow the Burnett River walkway to the Riverside Parklands, Quay Street and return. Meet at the entrance to Queens Park beside the Mater Hospital (Hope Street entrance) at 8.00am. Bring morning tea, water and a personal first aid kit. Contact Allison 4155 2875.

### **August 10-14, 2016 – Mt Bartle Frere climb, Wooroonooran National Park, North Qld**

Make your own way to Brisbane.

August 10 – Fly Brisbane to Cairns with TigerAir

August 11 – Malanda, Atherton Tableland

August 12 – Climb Mt Bartle Frere

August 13 – Drive Babinda to Cairns

August 14 – Fly Cairns to Brisbane with TigerAir

All ground transport and accommodation arranged. Contact Ian 0488 588 917.

### **August 13, 2016 (Saturday) – Social outing at Riverview**

After a morning walk or kayak enjoy a BYO barbeque lunch followed by afternoon coffee at Elliott Heads. Meet at Thabeban State School at 9.00am. Contact Barry 4151 2438.

### **August 21, 2016 – The Heights, Hogback Range, Mt Perry – Easy S3b**

This walk through private property will take us to an area overlooking Dairy Creek and Dairy Creek Falls with a back drop of Boolbunda Rock. 4WD required as the access road to the property is very steep and rough. Bring at least 2 litres of water and a personal first aid kit. Leave from North State School at 7.30am. Contact Richard 0429 888 552.

### **August 21, 2016 – Littabella National Park – Easy S1a**

This easy walk will mainly follow forest roads in the national park. Bring at least 2 litres of water and a personal first aid kit. Contact Barry 4151 2438.

**September 3, 2016 (Sat) – The Giant’s Staircase, Mt Walsh National Park – Hard M3c**

More details to follow. Leave from the Brothers Club car park at 7.00am. Contact Ian 0488 588 917.

**September 4, 2016 – Wildflowers at Kinkuna National Park – Easy S2a**

More details to follow. Contact Barry 4151 2438.

**September 6, 2016 – Monthly Meeting**

Meet at Bundaberg State High School F Block (beside the Administration Building) at 7.00am. Park on Maryborough Street and enter through the gate beside the Administration Building.

**October 7-9, 2016 – Harry Frauca Memorial Hike, Mt Walsh National Park**

2016 marks the 30<sup>th</sup> anniversary of the death of Harry Frauca. To commemorate this auspicious event you are invited to a three day wilderness hike in Mt Walsh National Park led by Moira Thompson. This hike will include a traverse of five mountains all very special to the Frauca family. For further details email Moira at: [experience.altitude@gmail.com](mailto:experience.altitude@gmail.com) or phone 0458 365 051.

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**FOR YOUR INFORMATION**

**Annual Photo Competition Rules**

Photos must be taken during the current year and on club walks or outings.

Categories: Landscape, Wildlife, Macro and People (one or more persons) along with a photo of any subject featuring the colour 'yellow'.

An additional category of Free Choice has been included this year. This may be a photo of any subject taken in any year.

One 6 x 4 photo per person per category. \$10 Bunnings gift vouchers as prizes.

**Expressions of Interest**

A 2-3 week long camping trip to the Southern Highlands of New South Wales is proposed for April, 2017. If you are interested please contact Richard on 0429 888 552.

**Three Capes Track, South East Tasmania (46km hike) – Half price**

To celebrate the centenary of Parks Tasmania, track authorities are offering half price permits from 15 July to 31 August. While not quite following the Overland Track model where hiking is free throughout the low season, the discount does make the track more affordable for those hardy souls who are willing to risk the weather. Check out their website at [www.threecapestrack.com.au](http://www.threecapestrack.com.au)

### **First Aid**

In an attempt to encourage more members to become First Aid proficient, the Club will pay a 50% fee subsidy to those members who attend and complete a recognised First Aid or CPR course.

The subsidy will be paid on presentation to the Treasurer of the receipt for such course.

### **Membership Fees**

When paying membership fees, please do not send cash through the mail. If you wish you may pay your fees by direct debit to the Club's account which is BSB 064-403 Account No. 00915879 and quote your surname as the 'reference'. You may also pay your fees to the walk leader at your first available walk. A receipt and membership card will be mailed to you by the Treasurer.

### **Walk Recci Costs**

Just a reminder to anyone carrying out recce's for walks. Funds are available to cover expenses (fuel etc.). Just submit a claim (mileage travelled) to the treasurer.

### **Walk Gradings**

<b>Max Kilometres per day</b>	<b>Terrain</b>	<b>Fitness</b>
<b>S.</b> up to 10 kilometres	<b>1.</b> Graded track	<b>a.</b> Unfit beginners
<b>M.</b> 10-15 kilometres	<b>2.</b> Tracks, steeper sections, open terrain	<b>b.</b> Fit beginners
<b>L.</b> 15-20 kilometres	<b>3.</b> Off track, minor scrub, creek/rock hopping, minimal navigation	<b>c.</b> Fitness and/or agility required
<b>X.</b> Over 20 kilometres	<b>4.</b> Scrambling, thick rainforest, hard navigation <b>5.</b> Technical rock ability, abseil	<b>d.</b> Good fitness and agility a must <b>e.</b> Strenuous. Experienced, very fit walkers only

***Thank you to Leanne Donaldson MP, Member for Bundaberg, for the photocopying of this Newsletter.***



## SUGGESTED BACKPACK CONTENTS

Bushwalking activities by their nature have a potential risk. To minimise the risk you are responsible for your own backpack contents and medical needs. The Leader has the right to ensure you have the basics.

### COMPULSORY

Hat	Rain jacket (or poncho)	First Aid Kit
Water (at least 2-3 Litres)	Lunch & snacks	Spare food
Torch or Headlamp	Whistle	Pencil & Paper
Toilet paper	Mirror (old CD)	
Thermals (at least a spare warm shirt or jacket)		
Compass or GPS (& learn how to use them), spare batteries		

### OPTIONAL

Space blanket	Multi tool/pocket knife	Pink surveyors tape
Soft gardening gloves (good for lantana, sun protection or if cold)		

### EMERGENCY

Matches in a waterproof container, small candle stub or tea light  
Emergency fly Water purifying tablets  
Roll of good quality gaffer tape

### FIRST AID IDEAS

#### Basics:

1 triangular bandage	Elastic bandage
2 non adhesive dressings	Gauze bandages 25mm, 50mm, 75 mm
Scissors, Tweezers, Needles	Safety pins
Crepe bandage (snake bite, sprains)	Wound dressings (bandaids, various)
Eye patch	Plastic bag
Painkilling tablets	Antiseptic cream
Insect repellent	Sunscreen
Cream for stings (eg paraderm, stingose)	
Space blanket (alternate is a large garbage bag)	
Emergency information sheet & <b>personal medication</b>	
First Aid Ready Reckoner book	

#### Other:

Gastrolyte	Anti diarrhoea tablets	Antihistamine
Lavender oil (antiseptic & soothing. Applied neat to the skin it relieves chafing, sunburn and other burns)		
Tea tree oil (antiseptic and antifungal. Apply to skin diluted. Can be mixed with lavender & water as insect repellent		
'Second Skin': Wound tape (good for blisters)		

