

PO Box 27
BUNDABERG QLD 4670

"MAKING TRACKS WITH US"

BUNDABERG BUSHWALKING CLUB'S NEWSLETTER

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www.facebook.com/BundabergBushwalkingClub
www.bundabergbushwalkers.com

JUNE, 2017

2016/2017 Club Executives

<i>President</i>	<i>Darryl</i>	<i>(4152 8882)</i>
<i>Vice President</i>	<i>Allison</i>	<i>(4155 2875)</i>
<i>Secretary</i>	<i>Joy</i>	<i>(4152 7281)</i>
<i>Treasurer</i>	<i>Barry</i>	<i>(4151 2438)</i>
<i>Newsletter Editor</i>	<i>Jill</i>	<i>(0404 695 644) (4151 2975)</i>
<i>Newsletter Distribution</i>	<i>Pauline & Verlie</i>	<i>(0438 186 559) (4152 8885)</i>
<i>Walk Co-ordinators</i>	<i>Eion, Heinz</i>	<i>(4153 5653) (0408 892 745)</i>
	<i>Peter, Richard</i>	<i>(4155 6697) (0429 888 552)</i>
	<i>Darryl, Brian</i>	<i>(4152 8882) (0419 568 479)</i>
<i>Radios/PLB</i>	<i>Mary</i>	<i>(0414 190 566)</i>
<i>Facebook</i>	<i>Allison & Mary</i>	<i>(4155 2875) (0414 190 566)</i>

Current Fees: (due July 1 each year)

- (1) Membership fees – \$20 per adult
\$10 if under 18 (for one or more children from the same family)

- (2) Walk fees – \$2.00 per adult member and children 5 to 18 years of age
\$4.00 per visitor

General:

Visitors attending a walk are temporary members for the walk, upon signing the acknowledgement of risk and obligations until the walk outing is completed. A minimum of one walk must be completed before application for membership of the Bundaberg

Bushwalking Club will be accepted. Membership application is mandatory after participation in the second walk.

All persons take part in outings on the understanding that they do so entirely at their own risk. They agree that the responsibility, which they take for their own safety, is the same that they would apply if they were on their own organised outing.

Those intending to participate on outings are asked to contact the nominated walk leader prior to the walk. This particularly applies to newcomers to club outings. Comfortable walking shoes/boots and suitable clothing should be worn on all club outings. A suitable day pack should also be carried (see inside for suggested packs)

On day walks, car loads are generally arranged at the nominated departure point with passengers contributing to petrol costs etc. Suggested basic contributions for passengers are:-

**10-20kms \$5/person, 20-50kms \$8/person, 50-100kms \$10/person
100-200kms \$15/person, 200-250kms \$20/person, 250-300kms \$25/person**

Member Handbook. This reference handbook has been compiled by the club to provide essential information regarding club guidelines, member responsibilities, etc. All club members both new and established are required to have a copy of this booklet. Anyone requiring a booklet please contact any one of the Club Executive.

Newsletters are available from the following outlets:

1. Bundaberg Disposals and Outdoors
2. B.C.F.
3. Midcity Markets Disposals (51 Bourbong Street)
4. Bundaberg Regional Council Library
5. Gin Gin Regional Library

It would be appreciated if any contributions to the newsletter (and they are always welcome) could be received by the editor several days before the meeting.

Email address for newsletter items is: jill@miljil.com

The club email address is info@bundabergbushwalkers.com

Contact Code A few reminders for all walkers

- Please contact walk leaders **a least one week before a walk**. If you leave it till Thursday or Friday night you may be disappointed to find that the walk has been cancelled, due to apparent lack of interest. Also dates, details etc can & do change. Leaders give their time to organise walks and need to know if they are committed to lead a walk.
 - Arrive at the meeting point 10 minutes before the set time. Our times are departure times and we try to be punctual. Late walkers can be left behind!
 - Read the walk description and note the rating. If you are unsure of your abilities, please discuss this with the leader before nominating. Neither you nor other walkers will have a good day if your fitness is not of a suitable standard.
 - Do you have a health problem that may affect your performance on a walk? It is important that you inform the leader of this and discuss the matter.
 - If you have commitments after a walk please discuss this with the leader before commencing a walk. Leaders cannot guarantee the time of return, due to weather, terrain & the expertise of walkers
- Many thanks to Gladstone Clubs Newsletter editor for the basis of this information.

Walk Fees: Walk fees are \$2 per adult member and children 5 to 18 years of age. Visitors pay \$4 per adult. The walk fees will continue to be reviewed quarterly.

➤ **Name Badges:** These are available at \$4.00 each. Contact Barry (41512438) for yours.

➤ **Membership Cards:** All financial members must have their card and be able to produce it at the start of each walk on request.

President's Ponderings:

This being my first meeting officially as President, I would like to thank the club members for their support. Being relatively new to the Bundaberg Bushwalking Club I look forward to listening and learning and continuing the success of the Club for the future.

One of my observations is how can we improve the walk experiences for members and visitors. It is important that the Walk Leader be supported by all walkers and everyone make themselves familiar with Club rules/guidelines. The Walk Leader should brief all walkers before leaving the designated meeting place about walk location, expected terrain and expectations of how the walk will unfold. The support of each walker for the Walk Leader is essential to ensure the safety of all.

With changing times, it would be considered prudent to review our current Constitution with the intention to modernise where necessary or appropriate. A draft of suggested changes will be presented at the next meeting to allow time for all members to peruse and comment. Should any Constitutional changes be made then this will be presented for adoption at the Annual General Meeting.

It is a great time of the year to enjoy some of our harder walks which explore our wonderful area.

Happy walking
Darryl

Bundaberg Bushwalking Club Facebook

If you're on Facebook then check out the Club's Facebook page and please 'Like' us. There will be regular posts and photos of club walks and outings.

www.facebook.com/BundabergBushwalkingClub

Bushwalking Queensland – Facebook and Twitter

www.facebook.com/groups/bushwalkingqueensland/

They are also on Twitter with the handle being [@BushwalkingQld](https://twitter.com/BushwalkingQld).

WALK REPORTS:

May 6, 2017 – Social event at Elliott Heads

Thirteen people met at Elliott Heads near the Kiosk and with a good wind pushing from behind we walked up the Esplanade with two visitors and two children pushing bright pink scooters. The fastest walkers forged ahead and we watched as they made their way to the very end of the walk track. Some returned back the way we came, including the scooter riders. Six walkers with Verlie leading, chose the back streets and the walk across a large grassy paddock which led to the back of the caravan park and up the hill to the Kiosk. Barry was waiting making 15 people ready to order dinner. Barry supplied a band aid for the sore knee for one of the scooter riders who unfortunately fell on her way back to the kiosk. Graham was happy to be back in time to order his chips and it was a lovely way to spend the afternoon with good company, new people with us, and a pleasant easy walk.

Thank you Verlie. - Joy

May 14, 2017 – Boolbunda Rock, Mt Perry

A good sized party of five participated in the Boolbunda Rock walk/climb.

We departed North School at 6.30am and the bonus for getting away early was that there was little traffic. After turning off the Mount Perry Road, the gravel track was fairly easy going for our 4WD vehicles, although we did encounter water in most of the creek crossings adding to the fun. We parked our vehicles at 8.00am and started the walk at 8.15am, following the creek bed for 1.5km arriving at the start of the climb proper about 8.50am. The first section along a fence line was steep and then levelled off for a short distance with another moderate climb still along the same fence line. There was then a welcome decent along the ridge until we encountered another very steep overgrown section arriving at the start of the rock formation. A bit of zig zagging and traversing was required here, grinding our way up gullies to a point where we decided to park our walking sticks for our final section of ducking, sliding, crawling and silently cursing our way to the summit, arriving at 12.00 noon where we spent 45 minutes having lunch and photographing the views, each other and anything else that did or didn't move.

The decent was uneventful and a lot easier as we followed the orange flagging tape that we had placed on the way up. We arrived back at the vehicles at 3.45pm and back at North School at 5.30pm. Thanks to all for a very nice day. - *Graham*

May 14, 2017 – Wongi State Forest

This walk was cancelled due to the wet conditions.

May 28, 2017 – Utopia Rock Pools/Waterfall Creek, Mt Walsh National Park

Another perfect winter's (well almost) day! 11 walkers and a non-walking spouse met at Brothers' car park for an early start. One further member joined the group at Biggenden and we proceeded for another half hour or so to the car park just inside Mt Walsh National Park. In the absence of road signage Lucinda's GPS confirmed we had correctly turned into Utopia Road. After following the walking track to the picturesque waterholes (which lie on Waterfall Creek and not Little Eel creek as shown on Google Earth) we proceeded upstream negotiating across and around the rock pools and other obstacles. Two walkers opted to stop and wait in a comfortable location whilst the rest of us trudged on, reaching the virtually dry waterfall in good time for lunch. A couple of the ladies risked some rock-climbing to examine what looked like a cave at the top of the falls and managed to get back unscathed. After collecting our two colleagues on the way back, we stopped at the waterholes to rest a little and take photos but even Ian was not brave enough to take a swim. We arrived back at the cars in good time having walked, hopped and scrambled for just over 8 kilometres. Afternoon tea was subsequently enjoyed by most of us (but not by he who raced off with Lucinda's keys) before completing the homeward journey. Hopefully the four visitors who joined members for this walk will return. - *Mary*

May 28, 2017 – Burnett Heads to Port Marina and return

Not sure why we picked an early start for a short walk but it did mean we had the exercise component of the day over and done with and could go on to other pursuits. Six of us travelled out to Burnett Heads and hit the trail straight away. After skirting the back of the caravan park we joined the path and followed the river to the Marina. The walk is in the open and exposed to the elements and the only admirable feature is the river so the walk doesn't rate highly for excitement. Once at the Marina a few chose to sit and wait while the others proceeded to the Port and studied Ex HMAS Tobruk. Upon return to the Marina the restaurant was then open for the coffee lovers. A pleasant time was had sitting at the Marina having morning tea. We then turned around and retraced our steps. The

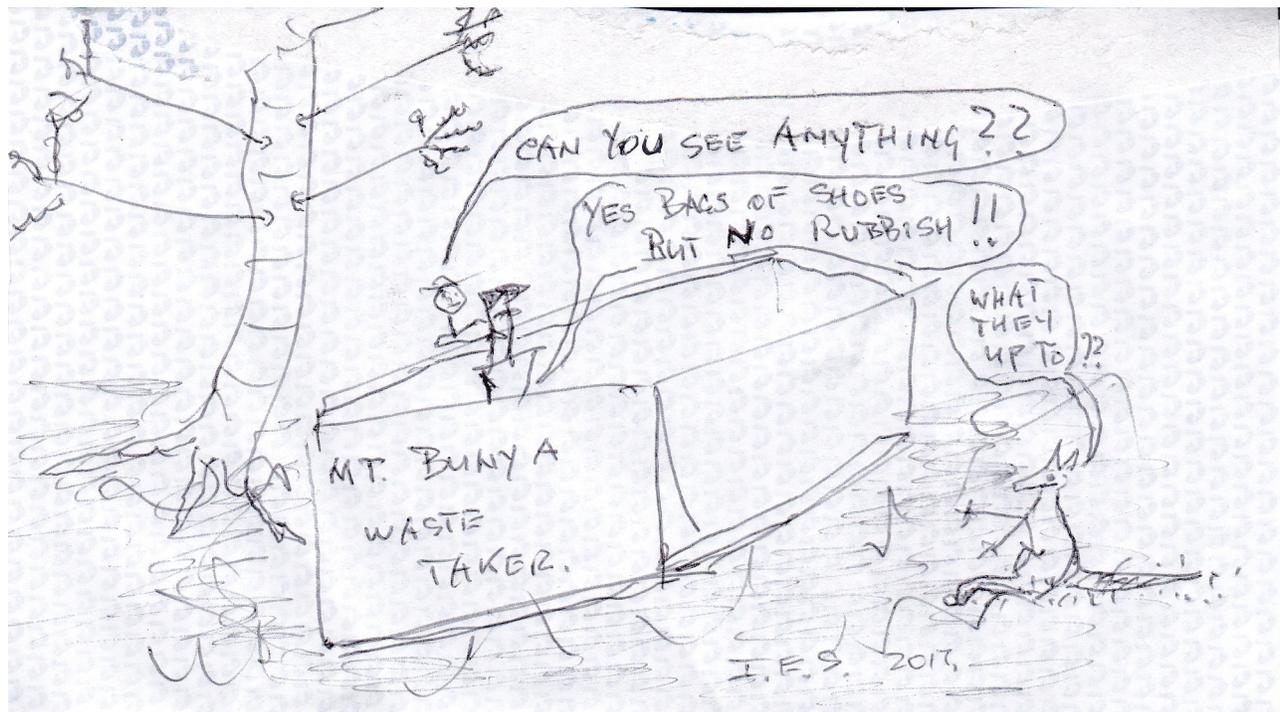
planned detour to the light house didn't eventuate however the walkers were content to call it a day and head for home. In total we walked 8.34km. - Allison

June 1 – 4, 2017 – Bunya Mountains

The bushwalkers have walked through rain, fog and very cold weather on a couple of trips to the Bunya Mountains but this trip we enjoyed three perfect days of winter sunshine. There were nine people in two comfortable cottages where the fires were lit every night. We celebrated Eion's birthday with not one but two birthday cakes. Friday night he cut the first cake and we all sang Happy Birthday. Barry made delicious pancakes on the last night (Saturday) and another birthday cake was cut by Eion, with more singing to go with it.

Jill and Mary spent Friday morning doing a harder walk from Burtons Well to Cherry Plains while the rest walked to Paradise Falls. We were back for lunch which was enjoyed sitting in the gazebo on the top of the rain tank stand counting the birds and wallabies and taking many photos of the scenery around us. The walks in the afternoon led back up to the coffee shop where Jill and Mary caught up with us. We enjoyed a coffee and talking before going home. On Saturday the walk to the Carbine Chute was very enjoyable. Here in the early years was where they slid the timber logs down the mountain side to be taken to the sawmills. We saw and heard many birds including the evasive catcalling bird and the whipbird. We noticed some damage along the tracks caused by Cyclone Debbie.

Many thanks to Barry and Eion who kept the fires going in both places and to Barry for the walk planning and organising for a wonderful time at the Bunyas. - Joy



Farewell to the Bunyas

A Reminder

Membership fees are due 1 July each year – Please do not send cash through the mail

FUTURE WALKS AND OUTINGS

OUR INSURANCE COVER REQUIRES THAT WALKERS MUST BE FINANCIAL MEMBERS OF THE CLUB. FINANCIAL MEMBERS MUST SHOW THEIR MEMBERSHIP CARD AT THE START OF EACH WALK / OUTING

PLEASE STUDY THE BACKPACK REQUIREMENTS BEFORE PARTICIPATING IN A WALK

June 11, 2017 –The Pinnacles, Mt Walsh National Park – Hard S3c

This circuit walk will leave from the Mt Walsh picnic area to the Pinnacles and return. This walk is easier than Mt Walsh taking approximately 5 hours with plenty of rest breaks and lunch at the top. There are good views of the surrounding area and interesting rock formations. Requirements – 3 litres of water, food, hat, sunscreen and a personal first-aid kit. Leave from Brothers Club car park at 7.30am. Contact Ian (0488 588 917) to register.

June 11, 2017 – Cordalba State Forest – southern section – Easy S1a

This easy walk of approximately 5kms will be on formed tracks in the southern section of Cordalba State Forest. It will follow the old railway line and visit the weir where the trains used to get their water supply. Requirements - 2 litres of water, food, hat, sunscreen and a personal first-aid kit. Leave from Brothers Club car park at 8.00am. Contact Barry (4151 2438) to register.

June 17, 2017 (Saturday) – Social day at Coonarr Beach – Low tide 8.00am

This social day will involve a walk followed by a byo bbq lunch. Requirements - 2 litres of water, morning tea, hat, sunscreen and a personal first-aid kit. Leave from Thabeban State School at 8.00am. Contact Ian (0488 588 917) to register.

June 25 , 2017 – Coongarra Creek waterfall to Coongarra Rock carpark – Hard S3d

This walk will involve a car shuffle - 4WD required. The walk will start at the Coongarra Creek waterfall, follow Coongarra Creek to the junction with Smith Creek and then follow Smith Creek to the Coongarra Rock carpark. Requirements - at least 3 litres of water, food, hat, sunscreen and a personal first-aid kit. Leave from Brothers Club car park at 7.00am. Contact Lucinda (0421 011 181) to register.

July 2, 2017 – Cordalba State Forest – northern section – Easy S1a

This easy ramble through the state forest will be on formed tracks followed by lunch at Mollydooker's Cafe & Bar at Apple Tree Creek . Requirements - 2 litres of water, food, hat, sunscreen and a personal first-aid kit. Leave from Brothers Club car park at 8.00am. Contact Barry (4151 2438) to register.

July 4, 2017 – Monthly Meeting

Meet at Bundaberg State High School (F Block) beside the Administration Building at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

July 9, 2017 - Cassillus Creek, (near Granite Creek Rest Area) – Medium/Hard

This walk will depend on walk leader availability. More details to follow. Contact Richard (0429 888 552).

July 9, 2017 – Apple Tree Creek Vineyards – Easy S1a

This easy walk will be through a private vineyard in the Apple Tree Creek area followed by coffee in Childers. Requirements - 2 litres of water, food, hat, sunscreen and a personal first-aid kit. Leave from Brothers Club car park at 8.00am. Contact Verlie (4152 8885) to register.

July 18 – end August, 2017 – Central and north-west Queensland road trip

It is envisioned that departure will be on 18 July and the full trip will take approximately six weeks. This trip will include visits to various places of natural beauty, historical interest and some touristy things; bush walks where possible, free camping where possible and plenty of kayaking. The route will go west via Theodore, Fairbairn Dam (Emerald), Longreach, loop thru Isisford, Stonehenge and Lark's Quarry to Winton; on to Mt Isa, Lawn Hill, Normanton and then east to Lynd Junction, Hughenden (via Porcupine Gorge), Charters Towers, Clermont and finally Cania Gorge. Most stops will be two to three nights with four nights at Lawn Hill. The itinerary can be flexible to some extent but due to the need to book some places (especially Lawn Hill) well in advance there can't be a lot of discretion. If interested in all or part of this trip please contact Mary on 0414 190 566.

July 23, 2017 – The Giant's Staircase, Mt Walsh National Park – Hard M3d

This long, hard walk in the Mt Walsh National Park is suitable for fit, serious walkers only. Requirements - at least 3 litres of water, food, hat, sunscreen and a personal first aid kit. Leave from Brothers Club car park at 7.00am. Contact Darryl (4152 8882) to register.

July 23, 2017 – Voss Road, Elliott River – Easy S1a

This will be an easy ramble and map reading exercise. Requirements – 2 litres of water, food, hat, sunscreen and a personal first-aid kit. Leave from Brothers Club car park at 8.00am. Contact Barry (4151 2438) to register.

August 1, 2017 – Monthly Meeting

Meet at Bundaberg State High School (F Block) beside the Administration Building at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

August 6, 2017 – Hard walk TBA

August 6, 2017 – Vera Scarth-Johnson Wildflower Reserve

This easy walk on formed tracks will meander through the 93 hectare wildflower reserve to the Elliott River. The reserve is located on Coonarr Road 17kms from Bundaberg. More details to follow.

August 20, 2017 – Secret Garden, Coongarra Rock, Mt Walsh National Park – Hard S3c

This hard walk, some off track, will also involve some rock scrambling. 4WD required. More details to follow. Contact Darryl (4152 8882) to register.

August 20, 2017 – Coonarr area – Easy

More details to follow.

September 5, 2017 – Monthly Meeting

Meet at Bundaberg State High School (F Block) beside the Administration Building at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

September 8 – 10, 2017 – Pilgrimage at Killarney Showgrounds

YHA Bushwalkers will be hosting this year's pilgrimage at Killarney Showgrounds. Cost \$50.00 per person for unpowered camping. Visit their website – yhabrisbanebushwalking.org.au - to register.

FOR YOUR INFORMATION

2017 Annual Photo Competition Rules

Photos must be taken during the current year and on club walks or outings.

Categories: Landscape, Wildlife, Macro and People (one or more persons) along with a photo of any subject featuring the colour 'black'.

An additional category of Free Choice has been included this year. This may be a photo of any subject taken in any year.

One 6 x 4 photo per person per category. \$10 Bunnings gift vouchers as prizes.

Bushwalking – that's our thing!

Welcome, welcome everyone
Walking with you is awesome fun.
You can climb a mountain high,
Fears of heights don't make you cry.

Pressing up those hills with ease
Eyes on watch for views that please.
Never mind a slip or two,
That's what rocks and gravel do.

Heard you laughing on the walk,
A pleasing sound amidst the talk.
Stories shared along the way,
Mates and friendship make the day.

We lug the gear to keep us safe,
Hats and boots and cream for chafe.
Packs heavy with no more space,
Filled with stuff for just in case.

Tread our way through the trees,
Sometimes on our hands and knees.
In the mud and cross the creek,
Tis not a sport for the weak.

So thank you, thank you hiking friends,
As this camp comes near its end.
We wish you well as you journey home
Safe and happy trekking where you roam.

This poem was part of the Gladstone Club's Presidential address at the conclusion of this year's Combined Camp held at Miriam Vale.

Membership Fees

When paying membership fees, please do not send cash through the mail. If you wish you may pay your fees by direct debit to the Club's account which is BSB 064-403 Account No. 00915879 and quote your surname as the 'reference'. You may also pay your fees to the walk leader at your first available walk. A receipt and membership card will be mailed to you by the Treasurer.

Walk Recci Costs

Just a reminder to anyone carrying out recce's for walks. Funds are available to cover expenses (fuel etc.). Just submit a claim (mileage travelled) to the treasurer.

First Aid

In an attempt to encourage more members to become First Aid proficient, the Club will pay a 50% fee subsidy to those members who attend and complete a recognised First Aid or CPR course.

The subsidy will be paid on presentation to the Treasurer of the receipt for such course.

Walk Gradings

Max Kilometres per day	Terrain	Fitness
S. up to 10 kilometres	1. Graded track	a. Unfit beginners
M. 10-15 kilometres	2. Tracks, steeper sections, open terrain	b. Fit beginners
L. 15-20 kilometres	3. Off track, minor scrub, creek/rock hopping, minimal navigation	c. Fitness and/or agility required
X. Over 20 kilometres	4. Scrambling, thick rainforest, hard navigation 5. Technical rock ability, abseil	d. Good fitness and agility a must e. Strenuous. Experienced, very fit walkers only

Thank you to Leanne Donaldson MP, Member for Bundaberg, for the photocopying of this Newsletter.

SUGGESTED BACKPACK CONTENTS

Bushwalking activities by their nature have a potential risk. To minimise the risk you are responsible for your own backpack contents and medical needs. The Leader has the right to ensure you have the basics.

COMPULSORY

Hat	Rain jacket (or poncho)	First Aid Kit
Water (at least 2-3 Litres)	Lunch & snacks	Spare food
Torch or Headlamp	Whistle	Pencil & Paper
Toilet paper	Mirror (old CD)	
Thermals (at least a spare warm shirt or jacket)		
Compass or GPS (& learn how to use them), spare batteries		

OPTIONAL

Space blanket	Multi tool/pocket knife	Pink surveyors tape
Soft gardening gloves (good for lantana, sun protection or if cold)		

EMERGENCY

Matches in a waterproof container, small candle stub or tea light
Emergency fly Water purifying tablets
Roll of good quality gaffer tape

FIRST AID IDEAS

Basics:

1 triangular bandage	Elastic bandage
2 non adhesive dressings	Gauze bandages 25mm, 50mm, 75 mm
Scissors, Tweezers, Needles	Safety pins
Crepe bandage (snake bite, sprains)	Wound dressings (bandaids, various)
Eye patch	Plastic bag
Painkilling tablets	Antiseptic cream
Insect repellent	Sunscreen
Cream for stings (eg paraderm, stingose)	
Space blanket (alternate is a large garbage bag)	
Emergency information sheet & personal medication	
First Aid Ready Reckoner book	

Other:

Gastrolyte	Anti diarrhoea tablets	Antihistamine
Lavender oil (antiseptic & soothing. Applied neat to the skin it relieves chafing, sunburn and other burns)		
Tea tree oil (antiseptic and antifungal. Apply to skin diluted. Can be mixed with lavender & water as insect repellent)		
'Second Skin': Wound tape (good for blisters)		
'Wart Off Freeze' to remove ticks		

