



Making Tracks With Us

Bundaberg Bushwalking Club Newsletter
June 2020

Contact Us

info@bundabergbushwalkers.com

www.bundabergbushwalkers.com

Thanks to David Batt MP for the printing of this newsletter

President

Darryl (0409 796 723)

Vice President

Marty (0459 724 294)

Secretary

Joy (4152 7281)

Treasurer

Dee (0407 805 125)

From the Editor and President

The executive and some walk/activity leaders met on the weekend (outdoors, socially distanced of course!) to discuss our return to club activities.

We have planned walks for the next 2 months only, and provided everything goes according to plan, in July will hold another planning meeting open to all members as we will then be able to have up to 100 people meet outdoors.

The committee are currently finalising our Covid-19 plan, however a summary of the important changes is set out below. Please support the leaders of any activity by following these rules cheerfully, the leaders are just doing their best by the club and our members. It is so great that we are starting to get back to normal, we would hate to be the cause of the government imposing restrictions again.

You will also notice a change in the walk descriptions where we note the maximum number will be allowed on each activity to assist with social distancing. Please be aware that if an activity is popular, members will be given priority over visitors.

For anyone wondering what will happen with the Combined Camp this year, we are not yet sure. Several possibilities have been discussed - one is to hold it on the October long weekend, another is to delay the camp until 2021 (which will mean we will next host in 2022). The Gladstone Club will let us know in due course and we will let all members know then.

We cannot return to our usual monthly meetings just yet. Although by July we should be able to have up to 100 people at a gathering, we still need to ensure there is only 1 person per 4 square metres. This limits us to venues that are suitable for night meetings, so for the

meantime we will keep the monthly meetings to the executive and walk leaders. If you have something you would like discussed at a meeting, please contact Darryl. Once these restrictions ease we will hopefully resume our regular meetings.

We are looking forward to seeing you all now that we can return to our planned activities. Let's hope everyone's fitness is still good enough!

Darryl and Lucinda

Covid-19 Plan

- Leaders will include Covid safety information in their pre-walk briefing
- If a participant is unwell or is showing flu-like symptoms, they cannot participate in the activity
- Club radios will not be used on walks
- During the activity participants are required to maintain 1.5m distance
- No carpooling
- The leader will complete the paperwork (sign-in sheet) for each walk and ensure a copy is kept.
- Maximum group size of 20 people.
- No contact while on the activity.
- Participants are not to share equipment, waterbottles, food etc.
- Participants should maintain good hygiene at all times, including regularly washing/sanitising their hands.
- With kayaking, if participants assist each other getting their kayaks in or out of the water, they should wash their hands before and after doing so.

The rules are additional rules for club purposes. They do not replace any laws or guidelines set by the government or Queensland Health, so members and participants are reminded that they still need to be aware of their individual obligations at all times.

More details will be provided to leaders in due course.

Membership Renewal Due

Reminder that your 2020 - 2021 membership fees are now due.

If you are currently a member, you can renew your membership by paying your \$20 membership fee by EFT to:

BSB 064-403, account no 00915879.

If paying by EFT please use your name as the reference. If you are a new member, you MUST call or email Dee, our treasurer, to let her know you have paid as you also need to complete a membership application form. Your membership is not valid until we have received this.

It is a good idea for returning members to email Dee or the club to let her know you have paid also, as the bank statement does not always show the full details and we do not have contact details for everyone on the mailing list.

If you are not currently a member and would like to join, please contact Dee on 0407 805 125 or Darryl on 0409 796 723, or email info@bundabergbushwalkers.com.

Membership Rules

Just a reminder that by joining as a member or renewing your membership you agree to our terms of membership and the walkers Code of Conduct. You can find copies of all membership information in the [members handbook](#) which is available on our website or by emailing us.

Also, a reminder that by participating in any club activity you agree to the following:

- I have advised the Trip Leader if I am taking any medication or have any physical or other limitation that might affect my participation in this activity. I will make every effort to remain with the rest of the party and accept reasonable instructions of the Leader.
- I am aware that this activity may expose me to risks that could lead to injury, death or loss or damage to my property.
- To minimise these risks, I have endeavoured to ensure that this activity is within my capabilities and that I am carrying food, water and equipment appropriate for the activity.
- The Trip Leader reserves the right to refuse any person from participating if that person is deemed to be inappropriately equipped.

Walk Reports

March 6 - 8, 2020 - Remote First Aid Course

As you would expect, there aren't really any walk/activity reports this newsletter as we haven't been able to hold any club events. However, I realised that I missed including a report about our first aid course, so figured this was a perfect time to remedy that omission.

Fifteen members attended the course held by St John's Ambulance over 3 days in March. The first day was the standard first aid course, but things got more interesting on days 2 and

3 with the curriculum geared specifically towards remote situations. These days had a lot of hands-on learning, including learning how to check someone from head to toe for injuries, and how to move someone with suspected spinal injuries into the recovery position.

The final day had a bit of Hollywood flair, with each of us taking turns to be set up as the patient with different injuries, using makeup and silicone props that looked like broken bones or burns. It definitely helped with the "real work" feel of the situation!

I am very glad I did this course, although hopefully I will never have cause to use this knowledge. It was such a success I'm sure the club will look at doing more of these types of courses or sessions in the future, and I encourage anyone who has the opportunity to do any of these types of courses to consider it - *Lucinda*

Photos



L - Angela doing a terrific job of being the patient at the first aid course!

R - a family of Plumed Whistling-ducks going for a 'bushwalk' - sent in by Murray and Dawn

Walk Reports

June 14, 2020 - Gin Gin to Tirroan - Easy, s1b

Walk along the graded track from Gin Gin to Tirroan, approximately 8km return. Meet at North State School at 8am. Contact Verlie (4152 8855) to register. Maximum of 12 people.

June 14, 2020 - Coongarra Rockpools - Med - S2b

Approximately 8km walk from the Coongarra Rock car park (Mt Walsh NP) to the Rock Pool and back to the car park. The walk is on obvious tracks (mainly forestry 4wd tracks), but does have some steeper sections. 4wd/high clearance vehicles required, and as we cannot carpool due to Covid you will need to arrange your own vehicle. Contact Marty (0459 724 294) to register. Meet at Coles Kensington at 7.30am. Maximum 12 people.

June 21, 2020 - Kayak - Cedars Crossing

A paddle on the Burnett starting at Cedars Crossing and going up to 16km return. Suitable for beginners. Contact Michelle (0428 957 326) to register and for details of starting time and meeting place. Maximum of 12 people.

June 28, 2020 - Boolboonda Tunnel to Cattleyards - Easy, s1b

Walk along the graded track starting just beyond the tunnel to the cattleyards and returning to the car. Meet at North State School at 8am. Contact Allison (0448 846 084) to register. Maximum of 14 people.

June 28, 2020 - Beyond the Waterfall - Hard S3c

This is a strenuous walk off-track in Mt Walsh NP with steep sections. There should still be water running and if so you can have a swim in the waterholes if you wish. It is about a 2hr drive each way and will require 4WD, as you cannot carpool at the moment due to Covid you will need your own vehicle. Leave from Coles Kensington at 7am. Contact Darryl (0409 796 723) to register. Maximum 12 people.

July 12, 2020 - Camp Creek/Takilberan Creek - Easy S2a

A walk downstream along and beside the creekbed to the junction with Takilberan Creek. This walk is in the vicinity of Mt Perry so it is a decent drive each way. Leave from North State School at 7am. Contact Mary (0414 190 566) to register. Maximum 14 people.

July 12, 2020 - Camp Creek - Med/Hard S3c

A 3 - 4 hour walk up Camp Creek (near Mt Perry) and return. The walk will involve a lot of rock hopping and scrambling. If it is raining or showers the walk will be cancelled as the rocks are extremely slippery in the wet. Depart North State School at 7am. Contact Lucinda (0421 011 181) to register. Maximum 14 people.

July 14, 2020 – Monthly Meeting

As we are still limited to the number of people who can meet indoors (as it can only be 1 person per 4 square metres), this meeting will be only for the committee members and walk leaders. Please let Darryl know if you plan on attending so we can ensure appropriate numbers. Meet at Bundaberg State High School at 7pm.

July 18, 2020 – Planning Meeting

This meeting will be to plan the walk calendar for the rest of 2020. If you cannot make the meeting, we are still happy to receive ideas beforehand, especially if you are interested in leading the walk. Meet at the bush chapel area (next to Cafe 1928) at the Botanic Gardens at 10am. We will have lunch and a catch-up after the meeting. BYO chair, food and ideas!

July 19, 2020 - Wreck Rock to 1770 "Carfari" - Drive/walk

Drive to Wreck Rock (dirt road, 2WD suitable), stop there for smoko/short walk. Those with a 4WD can then continue on the sand road to 1770. Meet at North State School at 7.30am. Contact Richard (0429 888 552) to register.

July 19, 2020 - Kayak - Deepwater Creek

A paddle at Deepwater Creek (same area as the Carfari). Contact Mary (0414 190 566) to register and for time and meeting point details. Maximum 12 people.

July 26, 2020 - Dairy Creek Falls - Hard M4d

This walk starts on private property and we will walk up Dairy Creek (near Mt Perry) to reach some small waterfalls and return the same way to the cars. (These are the smaller waterfalls on Dairy Creek, not the big ones on Hogsback Creek.) Whether there is any water in the creek and falls will depend on rain.

As this is a 1.5 hr drive each way, and a long, off-track walk, it is likely we will return to Bundaberg close to or after dark, so please plan accordingly. Meet at North State School at 7am. Contact Lucinda (0421 011 181) to register. Maximum 12 people.

July 26, 2020 - Mon Repos to Bargara return - Easy S1a

Walk along the graded track from Mon Repos to Bargara and back. Meet at the Riverside Carpark at 8am. Contact Verlie (4152 8855) to register. Maximum of 12 people.



2020 Annual Photo Competition Rules

Photos must be taken during the current year and on club walks or outings.

Categories: Landscape, Wildlife, Macro, Funny and People (on or more persons) along with a photo of any subject featuring the colour **PINK**. We are also adding a new category this year of "Flora".

There is an additional category of Free Choice, where photo entries may be a photo of any subject taken in any year, on club activities or not.

One 6x4 photo per person per category. \$10 prize and bragging rights for the winner of each category.

General Information

Current Fees (membership fees due 1 July each year):

- Membership fees - Adult - \$20 per adult
- Membership fees - Child (under 18) - \$10 (for one or more children from the same family)
- Walk Fees - free for members, \$5 per visitor

Visitors attending a walk are temporary members for the walk, upon signing the acknowledgement of risk and obligations until the walk outing is completed. We recommend a minimum of one walk be completed before you apply for membership. Membership application is mandatory before participation in your third walk.

Please do not send cash through the mail. You can pay your membership fees at the monthly meeting, or by EFT BSB064-403, account no 00915879 quoting your surname as reference. A receipt will be emailed to you by the Treasurer.

All persons take part in outings on the understanding that they do so entirely at their own risk. They agree that the responsibility which they take for their own safety, is the same that they would apply if they were on their own organised outing.

Those intending to participate on outings are asked to contact the nominated walk leader prior to the walk. This particularly applies to newcomers to club outings. Comfortable walking shoes/boots and suitable clothing should be worn on all outings. A suitable day pack should also be carried (see our website for suggested pack contents).

On day walks, car loads are generally arranged at the nominated departure point with passengers contributing to fuel costs. Suggested basic contributions for passengers are:

**10-20 kms \$5/person, 20-50km \$8/person, 50/100km \$10/person
100-200km \$15/person, 200-250km \$20/person, 250-300km \$25/person**

Contact Code: A few reminders for all walkers

- Please contact walk leaders a least one week before a walk. If you leave it till Thursday or Friday night you may be disappointed to find that the walk has been cancelled, due to apparent lack of interest. Also dates, details etc can & do change. Leaders give their time to organise walks and need to know if they are committed to lead a walk.

- Arrive at the meeting point 10 minutes before the set time. Our times are departure times and we try to be punctual. Late walkers can be left behind!
- Read the walk description and note the rating. If you are unsure of your abilities, please discuss this with the leader before nominating. Neither you nor other walkers will have a good day if your fitness is not of a suitable standard.
- Do you have a health problem that may affect your performance on a walk? It is important that you inform the leader of this and discuss the matter.
- If you have commitments after a walk please discuss this with the leader before commencing a walk. Leaders cannot guarantee the time of return, due to weather, terrain & the expertise of walkers.

Walk Recce Costs - just a reminder to anyone carrying out recce's for walks. Funds are available to cover expenses (fuel etc). Please submit a claim (mileage travelled) to the treasurer.

First Aid - to encourage more members to become First Aid proficient, the Club will pa a 50% fee subsidy to those members who attend and complete a recognised First Aid or CPR course.

Walk Gradings

Max Kilometres per day	Terrain	Fitness
S. up to 10 kilometres	1. Graded track	a. Unfit beginners
M. 10-15 kilometres	2. Tracks, steeper sections, open terrain	b. Fit beginners
L. 15-20 kilometres	3. Off track, minor scrub, creek/rock hopping, minimal navigation	c. Fitness and/or agility required
X. Over 20 kilometres	4. Scrambling, thick rainforest, hard navigation	d. Good fitness and agility a must
	5. Technical rock ability, abseil	e. Strenuous. Experienced, very fit walkers only