



# Making Tracks With Us

*Bundaberg Bushwalking Club Newsletter*

March 2019

## Contact Us

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[www.bundabergbushwalkers.com](http://www.bundabergbushwalkers.com)

**Thanks to David Batt MP for the printing of this newsletter**

### **President**

Darryl (0409 796 723)

### **Vice President**

Mary (0414 190 566)

### **Secretary**

Joy (4152 7281)

### **Treasurer**

Dee (0407 805 125)

## President's Ponderings

Unfortunately, I have not been able to be involved in the walks undertaken during February and hope all that have participated have enjoyed their outings. Cyclone Oma in its many forms impacted on the kayaking scheduled.

Getting prepared for your walk is essential and understanding the walk grading and conditions expected is best obtained by contacting the walk leader. Being prepared does also involve having the appropriate gear and there are lots of websites with valuable information with one I would recommend being [www.getmewild.com.au](http://www.getmewild.com.au), which covers subjects like footwear, clothing, outdoor gear and resources.

Hiking/walking as we all can attest is good for your health and I have recently seen an article where doctors in Scotland are now issuing 'nature prescriptions' as part of an initiative to address health issues.

Happy Walking

*Darryl*

## Committee Spotlight

For a bit of fun we thought we would do a profile on our committee members to help everyone get to know them a little better. There's two this month, and we will do more next month.



### Darryl Bell

**Position in the club?** That would be President

**How long have you been in the club?** About six years but not sure, three of those as President (what a sucker)

**Age?** About 60 maybe? Old enough to be retired.

**Why did you join the club?** To be a work leader not president. I wanted to learn more about walking in the bush, as I have been doing it a long time with only Rae.

**What's your favourite walk and why?** The Secret Garden because it is mostly an easy walk with great returns.

**What's your favourite thing about bushwalking?** Being out in the bush (back to basics) stress free

**Best walking tip you've ever been given?** Be aware of your surroundings and never forget, you're on your own so be ready for anything to happen.

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## Lucinda Doughty

**Position in the club?** Newsletter editor and hard walk leader

**How long have you been in the club?** Almost 5 years

**Age?** 37

**Why did you join the club?** I kept doing hikes overseas on holidays, and realised I had a lot more to see of my own backyard. But once you've done the few national parks walks, it's hard to find places to go, especially as I didn't have many friends keen on bushwalking.

**What's your favourite walk and why?** Probably Boolbunda Rock, because it's quite challenging, it isn't a public walk so there is no one else around, and the view is spectacular (photo is from that walk)

**What's your favourite thing about bushwalking?** Apart from the people, it's the feeling of adventure, of seeing something that few people get to see

**Best walking tip you've ever been given?** It's not the destination, it's the journey

**Funniest bushwalking moment?** Ripping my pants at the beginning of a walk, but only discovering it at the end of the walk - after having rock climbed with people below me!

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## Membership Rules

Just a reminder that by joining as a member or renewing your membership you agree to our terms of membership and the walkers Code of Conduct. You can find copies of all membership information in the [members handbook](#) which is available on our website or by emailing us.

## Photos



Left - Riverview walk

Right - turtle hatchling seen at the Moore Park Beach night walk



## Walk Reports

### February 10, 2019 - Moore Park Beach Moonlight Walk

As usual the first walk for the year was well attended with 19 people participating. We welcomed some new faces and caught up with friends from last year. I think the first walk is more about the catching up rather than the walking. For those who did head to the beach for a late afternoon stroll the conditions were perfect to cool us down. The group strolled north for 45 minutes, turned around and came back. We certainly weren't alone on the beach and we were spoilt with the wonders of nature seeing a star fish and the last of a clutch of turtle hatchlings making their way to the surf. Great excitement for all. To conclude the evening some stayed at the park for a BBQ and others headed to the fish and chip shop. We look forward to more walking and socialising as the year progresses – *Allison*

### February 24, 2019 - Riverview Walk - Easy S1a

"To walk or not to walk?" That was the question as cyclone Oma hovered off the coast. Thankfully she (or was that he?) drifted away and the on again off again walk was back on. Sixteen people including two visitors met at Thebeban school and headed off to Riverview. We decided to have a cuppa before setting off, which was fortunate as Michelle- travelling from Goodnight Scrub via Childers- became geographically challenged on the way and only just turned up as we began to move. Conditions were very pleasant if you didn't mind a stiff breeze. I can't write anything very scintillating- it's a sandy track, lots of mangroves and we saw a cute little lizard. We wandered back to the picnic ground via a roundabout route past some trees (wow!) and checked out the local architecture. As it was still very early we decided to go onto Elliott Heads where the wind was much stronger and the waves were worth watching. We walked along the pathway up past the lookout and back, with a short detour to the beach. The lifeguards were on duty, but no swimmers and only a few board riders. On our return some people went off to the café for lunch and a select few opted to eat their own food amidst the howling wind. As always, it was lovely to have Barry with us. No excitement, but a happy time was (hopefully) had by all. In case any of you are wondering about the kayak trip- it was cancelled! - *Margot*

# Future Walks & Outings

*Our insurance requires that walkers must be financial members of the club, unless you are a visitor (up to two walks before you need to join as a member). Please study the backpack requirements on our website before participating in a walk.*

## **February 24, 2019 - Riverview Walk - Easy S1a**

An easy stroll along the path at Riverview, followed by a BBQ lunch. BYO BBQ. Meet at Thabeban State School at 8am. Contact Margot (4153 5595) to register.

## **February 24, 2019 - Riverview Kayak**

Meet at Thabeban State School at 8am. Contact Mary (0414 190 566) to register.

## **March 5, 2019 – Monthly Meeting**

Meet at Bundaberg State High School (F Block) beside the Administration Building at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

## **March 10, 2019 - Secret Garden - Hard S4c**

We start walking along a forestry track, but then head down a steep bush slope to find the secret garden – a hidden mini-gorge full of staghorn ferns. If everyone is interested, we will also walk out to Coongarra Cave, a large cave with a great view to the west. This is an off-track walk that involves some rock scrambling. Agility a must. 4WD required, so if you need a lift let the leader know. Requirements - 3 litres of water, food, hat, sunscreen and a personal first-aid kit. Leave from Coles Kensington car park at 7.00am. Contact Darryl (0409 796 723) to register.

## **March 10, 2019 - Coongarra Waterfall - Easy S1a**

Coongarra Waterfall is in Mt Walsh NP. 4WD vehicles are required to get us to the car park, and then there is a short walk in to the waterfall, which is often only a trickle. You can then spread out and explore the area. Leave from Coles Kensington car park at 7.00am. Contact Darryl (0409 796 723) to register.

## **March 17, 2019 - Kayak - Bucca Crossing**

Kayak at Bucca Crossing. Meet at North State School at 7am. Contact Mary (0414 190 566) to register.

## **March 24, 2019 - The Bluff, Mt Walsh NP - Hard S4d**

### **Introduction to hard walks**

Want to give hard walks a go but aren't sure if they are for you? This is the walk for you to have a go.

This is a steep walk and climb up Mt Walsh on a marked national park track. The top section requires rock scrambling and there are some steep sections. From the top there are fantastic views over Biggenden and the surrounding area. As we go up and back the same track, and the round trip is about 2.5 - 3 hours, we will run this one as an introduction to hard walks. If you need to stop at any time, you can either walk back to the cars or wait and we will collect you on the way back. The leader will be able to tell you how you will go on other hard walks. Meet at Kensington Coles at 7am. Contact Lucinda (0421 011 181) to register.

## **March 24, 2019 - Stripey Boulder, Mt Walsh NP - Medium S2b**

This is a 3.7km walk in Mt Walsh NP. We start at the car park with the hard walkers, but veer off before it gets too steep to see the striped boulder. This is an off track walk. Meet at Kensington Coles at 7am. Contact Allison (0448 846 084) to register.

### **March 30, 2019 - Walker's Point, Burrum Coast NP - Easy M1a**

Yes, a Saturday walk! This circuit walk on formed tracks will follow the Melaleuca Track to the campground at the mouth of the Burrum River and return to Walker's Point (12kms).

Requirements - 2 litres of water, food, hat, sunscreen and a personal first-aid kit. Fish and chips or coffee at Woodgate after the walk. Leave from Thabeban State School at 8am.

Contact Ian (0418 648 312) to register.

### **April 2, 2019 – Monthly Meeting**

Meet at Bundaberg State High School (F Block) beside the Administration Building at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

### **April 7, 2019 - Dingo Track - Easy and Medium walks - S2b**

This off track walk in Goodnight Scrub starts along the road, then veers off down a hill and along a valley before returning to the road. Approx 8km. For the easy walkers, we won't go off track- a shorter walk of about 4km along the road through the bush. Option for a swim at Booyal crossing after the walk. Meet at North State School at 7am. Contact Michelle (0428 957 326) to register.

### **April 13 & 14, 2019 - Overnight walk at Boolbunda Rock - Hard - M4e**

We haven't walked this before, so this walk is to see if we can find a track. We will start by walking up to Boolbunda Rock and camping the night in the vicinity (as there is a tank on the rock). The climb is very steep, with rocky scree slopes so with a pack this will be a test of your fitness. Sunday we will walk along the ridge to the south, and try to come back down another ridge to return to the cars. You will need to provide your own equipment (pack, tent, food etc). Contact Lucinda on 0421 011 181 to register.

### **April 19 - 22, 2019 - Easter Camping weekend at Gaeta Reserve**

As there was very little interest in Kroombit Tops, we have decided to camp at Gaeta instead. More details to follow. There will be several walks on offer in the area and you are welcome to join us for the day if you do not wish to camp. The campground has unpowered sites, toilets but no showers.

### **May 3-6, 2019 – Combined Camp (members only)**

This years combined camp will be hosted by the Capricornia club at Koyalee. Members will be forwarded details over the coming months.

### **May 7, 2019 – Monthly Meeting**

Meet at Bundaberg State High School (F Block) beside the Administration Building at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

### **May 12, 2019 – Cycle the Turtle Trail**

We haven't done a bike ride before, so it's nice to have a new activity on the calendar! This will be a cycle along the Turtle Trail from Bargara to Mon Repos and back. Meet at the turtle playground at Bargara at 8am. Contact Cameron (0401 435 954) to register.

### **May 18, 2019 – Moonlight Walk - Elliott Heads - Easy S1a**

Details TBA

### **May 19, 2019 – Waterfall Creek - Hard S3c**

This is a lovely walk in Mt Walsh NP. We start at the Utopia rock pools and walk up the creek to a waterfall (could be a trickle if no recent rain). Approx 3 hours return. Meet at Kensington Coles at 7am. Contact Lucinda (0421 011 181) to register.

### **May 26, 2019 – Kayak at Mingo Crossing**

Kayak at Mingo Crossing - this will be a long one, about 10km. Meet at North State School at 7am or consider camping the night before. Contact Mary (0414 190 566) to register.

### **May 30 - June 2, 2019 – Show Holiday Weekend**

Date claimer at this stage. One suggestion is to camp at Jimna. There is the old school house, or you can bring your tent or camper. If anyone has any other ideas, they are welcome to be discussed at the next meeting.

### **June 4, 2019 – Monthly Meeting**

Meet at Bundaberg State High School (F Block) beside the Administration Building at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

### **June 16, 2019 – Giant's Staircase - Hard S4e**

This walk is a full day walk at the back of Mt Walk NP. We will walk along the creek, which involves over an hour of rock hopping in both directions. Then there is a steep climb and scramble up the "staircase", with some great views up high. We walk back the same way. This is one of the hardest walks on our calendar, so this is for fit walkers only and you must bring at least 3 litres of water. It is a long day, you won't get back to Bundaberg until after dark. Meet at 7am at Kensington Coles. Contact Lucinda (0421 011 181) to register.

### **June 16, 2019 – Cordalba State Forest - Easy S2a**

This is an easy walk along the forestry tracks in Cordalba State Forest. Meet at 7am at Kensington Coles. Contact Margot (4153 5595) to register.

### **June 30, 2019 – Palm Valley - Hard S4d**

4WD into Mt Walsh NP (Coongarra Rock side, beyond the waterfall) to find Palm Valley. This will be a 2hr drive each way. The walk involves a very, very steep descent through scrub to reach the valley full of palms, where the terrain flattens out. Meet at 7am at Kensington Coles. Contact Darryl (0409 796 723) to register.

### **June 30, 2019 – Barolin Nature Reserve - Easy S1a**

An easy walk through Barolin Nature Reserve at Bargara. Leave Thabeban Sate School at 8am. Contact Verlie (4152 8855) to register.

### **July 26 - 28, 2019 – Weekend trip to Bunya Mountains**

Weekend trip to Bunya Mountains for various walks. There has been enough people interested so it will go ahead. Barry will investigate costs to be advised. However, if you are interested but haven't let Barry know, please do so and he will include you in the accommodation options.

### **June 23, 2019 – Planning Meeting**

This meeting will be to plan the walk calendar for the second half of the 2019. If you cannot make the meeting, we are still happy to receive ideas beforehand, especially if you are interested in leading the walk. Meet at the bush chapel area (next to Cafe 1928) at the Botanic Gardens at 10am. We will have lunch and a catch-up after the meeting. BYO chair, food and ideas!

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## 2019 Annual Photo Competition

Photos must be taken during the current year and on club walks or outings.

Categories: Landscape, Wildlife, Macro and People (on or more persons) along with a photo of any subject featuring the colour **BLUE**. We are also adding a new category this year - "Funny"!

There is an additional category of Free Choice, where photo entries may be a photo of any subject taken in any year, on club activities or not.

One 6x4 photo per person per category. \$10 prize for the winner of each category.

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## General Information

Current Fees (membership fees due 1 July each year):

- Membership fees - Adult - \$20 per adult
- Membership fees - Child (under 18) - \$10 (for one or more children from the same family)
- Walk Fees - \$2 per member (Adult or child), \$4 per visitor

Visitors attending a walk are temporary members for the walk, upon signing the acknowledgement of risk and obligations until the walk outing is completed. We recommend a minimum of one walk be completed before you apply for membership. Membership application is mandatory before participation in your third walk.

Please do not sent cash through the mail. You can pay your membership fees at the monthly meeting, or by EFT BSB064-403, account no 00915879 quoting your surname as reference. A receipt will be emailed to you by the Treasurer.

All persons take part in outings on the understanding that they do so entirely at their own risk. They agree that the responsibility which they take for their own safety, is the same that they would apply if they were on their own organised outing.

Those intending to participate on outings are asked to contact the nominated walk leader prior to the walk. This particularly applies to newcomers to club outings. Comfortable walking shoes/boots and suitable clothing should be worn on all outings. A suitable day pack should also be carried (see our website for suggested pack contents).

On day walks, car loads are generally arranged at the nominated departure point with passengers contributing to fuel costs. Suggested basic contributions for passengers are:

**10-20 kms \$5/person, 20-50km \$8/person, 50/100km \$10/person  
100-200km \$15/person, 200-250km \$20/person, 250-300km \$25/person**

### **Contact Code: A few reminders for all walkers**

- Please contact walk leaders a least one week before a walk. If you leave it till Thursday or Friday night you may be disappointed to find that the walk has been cancelled, due to apparent lack of interest. Also dates, details etc can & do change. Leaders give their time to organise walks and need to know if they are committed to lead a walk.
- Arrive at the meeting point 10 minutes before the set time. Our times are departure times and we try to be punctual. Late walkers can be left behind!

- Read the walk description and note the rating. If you are unsure of your abilities, please discuss this with the leader before nominating. Neither you nor other walkers will have a good day if your fitness is not of a suitable standard.
- Do you have a health problem that may affect your performance on a walk? It is important that you inform the leader of this and discuss the matter.
- If you have commitments after a walk please discuss this with the leader before commencing a walk. Leaders cannot guarantee the time of return, due to weather, terrain & the expertise of walkers.

**Walk Recce Costs** - just a reminder to anyone carrying out recce's for walks. Funds are available to cover expenses (fuel etc). Please submit a claim (mileage travelled) to the treasurer.

**First Aid** - to encourage more members to become First Aid proficient, the Club will pa a 50% fee subsidy to those members who attend and complete a recognised First Aid or CPR course.

### Walk Gradings

<b>Max Kilometres per day</b>	<b>Terrain</b>	<b>Fitness</b>
<b>S.</b> up to 10 kilometres	<b>1.</b> Graded track	<b>a.</b> Unfit beginners
<b>M.</b> 10-15 kilometres	<b>2.</b> Tracks, steeper sections, open terrain	<b>b.</b> Fit beginners
<b>L.</b> 15-20 kilometres	<b>3.</b> Off track, minor scrub, creek/rock hopping, minimal navigation	<b>c.</b> Fitness and/or agility required
<b>X.</b> Over 20 kilometres	<b>4.</b> Scrambling, thick rainforest, hard navigation	<b>d.</b> Good fitness and agility a must
	<b>5.</b> Technical rock ability, abseil	<b>e.</b> Strenuous. Experienced, very fit walkers only