



Making Tracks With Us

Bundaberg Bushwalking Club Newsletter

May 2019

Contact Us

info@bundabergbushwalkers.com

www.bundabergbushwalkers.com

Thanks to David Batt MP for the printing of this newsletter

President

Darryl (0409 796 723)

Vice President

Mary (0414 190 566)

Secretary

Joy (4152 7281)

Treasurer

Dee (0407 805 125)

President's Ponderings

It has certainly been a busy month in bushwalking.

We received the great news this month that we were successful in our application for a Community Benefit Fund Grant to hold a remote first aid course for our members. We are now taking expressions of interest for the course - see below.

The public holidays have also been a great opportunity to get out to the bush. The last few weeks have seen our club hold one overnight walk, and camp at Gaeta for the Easter weekend. Both weekends were fantastic.

The annual Combined Camp was held this last weekend, and was a fantastic event. Unfortunately there were only 2 of our members able to attend, but hopefully more will be available next time. Congratulations to the Capricornia Club for putting on a wonderful event.

Happy Walking

Darryl

Committee Spotlight

Last one in our "get to know the committee" series! And we've saved the best for last.



Dee Sweeting

Position in the club? Treasurer

How long have you been in the club? 18 months

Age? 58

Why did you join the club? Meet new people & go to new places,
Companionship to enjoy walking in places I wouldn't go alone, exercise

What's your favourite walk and why? Walkers Point - Woodgate Best of both, easy interesting bush walking leading to a stunning beach walk, with Mamino Icecream reward!

What's your favourite thing about bushwalking? Peace & quiet soothes my mind ... Reminds me of the beauty, smells & sounds of nature

Best walking tip you've ever been given? Keens Hiking Boots -- excellent

Favourite bushwalking memory/experience? Kindness extended to me by fellow walkers when the Giant Staircase got the better of my old knees

Membership Rules

Just a reminder that by joining as a member or renewing your membership you agree to our terms of membership and the walkers Code of Conduct. You can find copies of all membership information in the [members handbook](#) which is available on our website or by emailing us.

Remote First Aid Course

The club has been successful in obtaining a grant to host a remote first aid course in Bundaberg for our members for free. Usually you need to travel to Brisbane and pay \$600 to attend one of these courses. It is a two day course (provided you have done your basic first aid).

This course is different to a basic first aid course in that this one is specifically designed to meet the first aid needs of people such as bushwalkers, wilderness guides, and people who work or live in remote locations. The course covers everything from comprehensive first aid treatments to aeromedical evacuation, long-term care, self-care and contingency planning. This course is focused on the safety of the first aider and extended care of an ill or injured casualty where help is likely to be delayed or inaccessible. It will include things such as:

- Planning and preparing
- Managing the remote situation
- Prolonged care of casualties and self
- Infection control in remote situations
- Managing the deteriorating casualty
- Triage
- Managing injuries and illness
- Lifting and moving casualties
- Bites and stings
- Emergency communications
- Rescue preparation and evacuation

To try and work out when we can hold this course, please contact Lucinda on bundabergbushwalkers@gmail.com if you are possibly interested in attending. We will then liaise with those interested to try and sort out the best time. This is just an expression of interest, not a formal registration at this stage.

Fruit Flies

We have been contacted by Hannah Lemon from the Bundaberg Fruit and Vegetable Growers (BFVG). They are delivering a community awareness program about the damage caused by Queensland Fruit Fly (QFF). This program is to bring awareness to the urban community on how they can help to reduce the populations of this pest. To do this, they are offering each household a FREE fruit fly trap (usually valued at \$23) to hang in their backyard. In return, they ask that every Thursday, an SMS is sent to the provided number of how many QFF have been caught in the trap.

They are delivering this project because Bundaberg is a significant horticulture production region. With a sub-tropical climate, the area produces major fruits, vegetables, herbs and nuts. QFF is endemic to the area and threatens the regions production. If any of your members would like to become involved in their program, please contact Hannah on (07) 4153 3007 or 0428 716 218 or you can call into their office at 23 Enterprise Street, Svensson Heights, to collect your free trap.

Photos



Top Left - the group on Theodolite Creek wall

Top Right - Ian with a VERY tall grass tree at Mt Bania

Bottom Left - sunset over the tents on Boolbunda Rock

Bottom Right - beautiful day walking to the Dingo Track at Goodnight Scrub

Walk Reports

April 7, 2019 - Dingo Track

Sunday 7th April. My first walk as a Trip Leader. Nerves rattle. Everything is in place – isn't it?

Pre-walk – tick. Names and numbers – tick. Plan – tick. Map – tick.

What if the walkers don't like it? Someone might slip on the rocky downhill stretch! The short walk is a bit boring. What if the club never wants to come back to Goodnight Scrub with me?

Honestly, some people will stress about anything at all! The Dingo Track turned out to be a perfect day! Lucinda and Duncan-Ian ensured that all 17 registered walkers arrived safely at my place in the Goodnight. The walkers all made sure they were toileted, fed and watered before the walk, and they all had their happy faces on. The short walkers decided the long walk didn't look too hard, and joined us. Barry provided transport for anyone who wanted to stick with the short walk and get a lift back half way. The sun shone, the birds twittered, and even the bush tucker fruited!

For many, this was a walk down memory lane, with most walkers having some history with the Goodnight Scrub. After walking and chatting, oohing and aahing, 18 walkers safely and happily arrived back at my top paddock for their snacks and coffee. Then, to top it off, when most walkers headed home, 3 intrepid souls joined me at Booyal Crossing for a swim in the local swimming hole on the Burnett River.

"Aaah! Therapeutic!" said Duncan. "I knooow", I replied. Duncan, you're a wag! - *Michelle*

April 13 & 14, 2019 - Overnight walk at Boolbunda Rock

Three of us set out for the club's first overnight walk in several years. The first day's walk was relatively short and we got away early, so we had time to stop off for a nice lunch at the cafe in Gin Gin on the way. We got to the cattleyards a bit after 1 and started off. I was very glad to see my new pack was very comfortable!

It was a lovely day with clear skies. We took it slow, only needing to get to the top during daylight, and crossing our fingers the entire way that there was water in the tank at the top. The track was still easy to find even though no one had been there in a year. This is probably because it was so incredibly dry - our recent rain in Bundaberg obviously hadn't reached Mt Perry. There wasn't even any water in the creek. However, that meant there were hardly any cobbler's pegs this time!

Martin was in front when we reached the top, he turned the tap on the tank and....nothing! My heart sank, but it turns out it was just a hornets nest in the spout. We cleared that out and were all set. We found a small patch of flat ground to pitch our tents, and enjoyed our dinner on top of the rock watching a memorable sunset.

Sunday we packed up camp and attempted to head south along the ridge to try and find another way down. The going was pretty rough, especially on tired legs. However, Terri's

boots had started to fall apart, and we were concerned the bush patches weren't going to hold, so we decided not to push it. We turned around, went back to camp and headed back to the car the same way we came up.

Even though we didn't find another path down, we had a wonderful weekend. Thanks Terri and Martin for great company for my first overnigher - *Lucinda*

April 19 - 22, 2019 - Easter Camping weekend at Gaeta Reserve

8 club members were joined by 2 Gladstone club members for the Easter camp at Gaeta. The Gaeta Reserve is a lovely campground, and we had it all to ourselves.

Most of us got there Friday morning, and Friday afternoon we headed off to climb the rocky outcrop of Mt Bania, which is just across the road from the campground. The club only did this for the first time 2 years ago, so we tried to improve on the route. The view from the top was beautiful, and we could even see 3 rock wallabies just below us.

Saturday was overcast and showers were forecast, so we decided that going up Camp Creek was not a very safe option as the rocks are slippery when wet. Instead we walked down Camp Creek and onto Takilberan Creek. We certainly did get showers - a couple of quite heavy ones, followed by sunshine. There was enough sunshine to see the Fool's Gold glitter in the creek.

Saturday night our Gladstone guests ensured we had a campfire, and we watched the full moon rise.

Sunday was again showery, so we opted for a 4WD trip through the national park to find the hut and cattleyards. Unfortunately that was as far as the cars could go, as there were a lot of trees down over the road and the rain created a bit of mud. We walked a bit further on for a few kilometres seeing as the rain had stopped, and it was great to enjoy the lovely country up there with no one else around.

I left Sunday afternoon, but the others stayed Sunday night and did a walk around Mooney's Road. All together it was a lovely weekend with great company, and nice to be away from the crowds at Easter - *Lucinda*

April 20, Burnett Heads to Mon Repos

The early morning April showers and a cool breeze in our faces did not stop 7 keen walkers commencing the 7klm walk from Burnett Heads. We followed the walkway past Oaks Beach where we saw the white foamy waves racing into shore all along the coast. We continued on the walkway to Mon Repos, stopping under shady trees for morning tea, and watched some people trying to coach a snake back into the water. It was a beautiful day after the rain and 2 kangaroos stood up to watch as we walked through the sandy track to the turtle nesting area. The huge new building caught our eye and we walked around it studying the architecture discussing the whys and wherefores of the colour and shape as shown on the design.

After a rest there we made the 7km track back to the cars with the wind behind us. By this time several people were out and about riding bicycles or pedalling strange vehicles on the

walkways. We kept our eyes and ears open for them. We had lunch at the rest area near the car park. Thank you Verlie it was a lovely Easter morning. - Joy

April 27, 2019 - Theodolite Creek - Easy S1a

A group of enthusiastic walkers lined up for a magic day at Woodgate. Blue skies and smooth ocean water. We then arrived at Theodolite Creek picnic area for a short stroll to a nearby inlet creek, with numerous yabby pumpers on the mudflats, a group of low tide swimmers further out and vast areas of sand banks across the main inlet.

We then walked along the road for a short distance to cross over dry inland wetlands, towards finding the winding trickling creek inlet again. The next direction was east through melaleuca scrubland to pass over the road and eventually onto the main beach front.

Always good to see the sea, even if it is a kilometre out with plenty of soldier crabs and white sand fading of into the distance. Thereafter a short stroll along the beach, we arrived at the picnic area for a break. Next place to visit was the Boardwalk at Woodgate N.P. 800 metres return. Very civilized, even the lace monitor didn't mind being photographed up a tree. 2 keen walkers then continued on to do the 5.4 loop walk, before meeting up with us at the caravan café on the esplanade for coffee, ice cream and other drinks.

Thank you all for this great morning and see you next time - Ian

May 4-6, Combined Camp - Koyalee, Capricornia

We had a great weekend at the Combined Camp and the weather was really kind to us only a shower or two on Friday afternoon. There was between 40 to 50 attendees with one attendee from Redland and Logan/Beaudesert clubs. We undertook a medium to hard walk each day. The first on Friday was Jacobs Track up Mt Archer which is part of mountain bike trails in the area. Saturday our walk was north east of Rocky to Mt Maryvale with this being all off track and rewarded with lovely views of Yeppoon, Rosslyn Bay and Keppel Island. We were joined by a few pesky mosquitoes who have left their mark. Our Sunday walk was to Mt Cobboree and again had stunning views. Saturday Thai dinner was followed by music, bush dancing and chats. Thanks to Rocky Club for a great weekend and look forward to next year at Gladstone - Darryl (really Rae)

Future Walks & Outings

Our insurance requires that walkers must be financial members of the club, unless you are a visitor (up to two walks before you need to join as a member). Please study the backpack requirements on our website before participating in a walk.

May 18, 2019 – Cycle the Turtle Trail

This event has been rescheduled. We haven't done a bike ride before, so it's nice to have a new activity on the calendar! This will be a cycle along the Turtle Trail from Bargara to Mon Repos and back. Meet at the turtle playground at Bargara at 8am. Option for lunch or coffee

the ride. If you need a lift with your bike, please discuss this with the leader. Contact Cameron (0401 435 954) to register.

May 18, 2019 – Moonlight Walk - Elliott Heads - Easy S1a

Meet at the kiosk at Elliott Heads at 5pm for a walk along the foreshore. Everyone can walk as far as they like - up to 2 hours return, but if you would like to do a short walk you can return earlier. The kiosk closes at 6.30, so you can either purchase food there after the walk or bring your own. You should also bring your own insect repellent. Contact Peter (0407 057 898) to register.

May 19, 2019 – Waterfall Creek - Hard S3c

This is a lovely walk in Mt Walsh NP. We start at the Utopia rock pools and walk up the creek to a waterfall (could be a trickle if no recent rain). Approx 3 hours return. Meet at Kensington Coles at 7am. Contact Lucinda (0421 011 181) to register.

May 26, 2019 – Kayak at Burnett River, Wallaville

Mary has found a new entry to the river. Meet at North Bundaberg State School at 7.30 am or opposite Wallaville pub at 8.10 am. We will enter the river nearby from the south side and paddle upstream. Go at your own pace and enjoy the scenery and wildlife. Leave from North State School at 7.30 am or consider camping the night before. Contact Mary (0414 190 566) to register.

June 2, 2019 – The Pinnacles, Mt Walsh and Stripey Boulder - Hard S4d

As there wasn't enough interest for a long weekend camp-out, we will have a normal walk day instead. This walk at Mt Walsh NP will start at the Pinnacles, go around the back to summit Mt Walsh, and then on down to Stripey Boulder before returning to the cars. Leave from Coles Kensington at 7am. Contact Martin (0459 724 294) to register.

June 4, 2019 – Monthly Meeting

Meet at Bundaberg State High School (F Block) beside the Administration Building at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

June 16, 2019 – Giant's Staircase - Hard S4e

This walk is a full day walk at the back of Mt Walsh NP. We will walk along the creek, which involves over an hour of rock hopping in both directions. Then there is a steep climb and scramble up the "staircase", with some great views up high. We walk back the same way. This is one of the hardest walks on our calendar, so this is for fit walkers only and you must bring at least 3 litres of water. It is a long day, you won't get back to Bundaberg until after dark. Meet at 7am at Kensington Coles. Contact Lucinda (0421 011 181) to register.

June 16, 2019 – Cordalba State Forest - Easy S2a

This is an easy walk along the forestry tracks in Cordalba State Forest. Meet at 7am at Kensington Coles. Contact Margot (4153 5595) to register.

June 23, 2019 – Planning Meeting

This meeting will be to plan the walk calendar for the second half of the 2019. If you cannot make the meeting, we are still happy to receive ideas beforehand, especially if you are interested in leading the walk. Meet at the bush chapel area (next to Cafe 1928) at the Botanic Gardens at 10am. We will have lunch and a catch-up after the meeting. BYO chair, food and ideas!

June 30, 2019 – Palm Valley - Hard S4d

4WD into Mt Walsh NP (Coongarra Rock side, beyond the waterfall) to find Palm Valley. This will be a 2hr drive each way. The walk involves a very, very steep descent through scrub to reach the valley full of palms, where the terrain flattens out. Meet at 7am at Kensington Coles. Contact Darryl (0409 796 723) to register.

June 30, 2019 – Barolin Nature Reserve - Easy S1a

An easy walk through Barolin Nature Reserve at Bargara. Leave Thabeban Sate School at 8am. Contact Verlie (4152 8855) to register.

July 2, 2019 – Monthly Meeting

Meet at Bundaberg State High School (F Block) beside the Administration Building at 7.00pm. Park on Maryborough Street and enter through the gate beside the Administration Building.

July 26 - 28, 2019 – Weekend trip to Bunya Mountains

Weekend trip to Bunya Mountains for various walks. Reservations are now closed.



2018 Annual Photo Competition Rules

Photos must be taken during the current year and on club walks or outings.

Categories: Landscape, Wildlife, Macro and People (on or more persons) along with a photo of any subject featuring the colour **BLUE**. We are also adding a new category this year - "Funny"!

There is an additional category of Free Choice, where photo entries may be a photo of any subject taken in any year, on club activities or not.

One 6x4 photo per person per category. \$10 prize for the winner of each category.

General Information

Current Fees (membership fees due 1 July each year):

- Membership fees - Adult - \$20 per adult
- Membership fees - Child (under 18) - \$10 (for one or more children from the same family)
- Walk Fees - \$2 per member (Adult or child), \$4 per visitor

Visitors attending a walk are temporary members for the walk, upon signing the acknowledgement of risk and obligations until the walk outing is completed. We recommend a minimum of one walk be completed before you apply for membership. Membership application is mandatory before participation in your third walk.

Please do not sent cash through the mail. You can pay your membership fees at the monthly meeting, or by EFT BSB064-403, account no 00915879 quoting your surname as reference. A receipt will be emailed to you by the Treasurer.

All persons take part in outings on the understanding that they do so entirely at their own risk. They agree that the responsibility which they take for their own safety, is the same that they would apply if they were on their own organised outing.

Those intending to participate on outings are asked to contact the nominated walk leader prior to the walk. This particularly applies to newcomers to club outings. Comfortable walking shoes/boots and suitable clothing should be worn on all outings. A suitable day pack should also be carried (see our website for suggested pack contents).

On day walks, car loads are generally arranged at the nominated departure point with passengers contributing to fuel costs. Suggested basic contributions for passengers are:

**10-20 kms \$5/person, 20-50km \$8/person, 50/100km \$10/person
100-200km \$15/person, 200-250km \$20/person, 250-300km \$25/person**

Contact Code: A few reminders for all walkers

- Please contact walk leaders a least one week before a walk. If you leave it till Thursday or Friday night you may be disappointed to find that the walk has been cancelled, due to apparent lack of interest. Also dates, details etc can & do change. Leaders give their time to organise walks and need to know if they are committed to lead a walk.
- Arrive at the meeting point 10 minutes before the set time. Our times are departure times and we try to be punctual. Late walkers can be left behind!
- Read the walk description and note the rating. If you are unsure of your abilities, please discuss this with the leader before nominating. Neither you nor other walkers will have a good day if your fitness is not of a suitable standard.
- Do you have a health problem that may affect your performance on a walk? It is important that you inform the leader of this and discuss the matter.
- If you have commitments after a walk please discuss this with the leader before commencing a walk. Leaders cannot guarantee the time of return, due to weather, terrain & the expertise of walkers.

Walk Recce Costs - just a reminder to anyone carrying out recce's for walks. Funds are available to cover expenses (fuel etc). Please submit a claim (mileage travelled) to the treasurer.

First Aid - to encourage more members to become First Aid proficient, the Club will pa a 50% fee subsidy to those members who attend and complete a recognised First Aid or CPR course.

Walk Gradings

Max Kilometres per day	Terrain	Fitness
S. up to 10 kilometres	1. Graded track	a. Unfit beginners
M. 10-15 kilometres	2. Tracks, steeper sections, open terrain	b. Fit beginners
L. 15-20 kilometres	3. Off track, minor scrub, creek/rock hopping, minimal navigation	c. Fitness and/or agility required
X. Over 20 kilometres	4. Scrambling, thick rainforest, hard navigation 5. Technical rock ability, abseil	d. Good fitness and agility a must e. Strenuous. Experienced, very fit walkers only